



### Somerville

Cambridge/Somerville RLC 35 Medford St., Suite 111, First Floor 02143 Wednesdays & Fridays  
10:30am-Noon  
Contact: Janel Tan 617-863-5388  
tanj@vinfen.org

### Taunton

Pride in Recovery, 71 Main Street deMello Building, Suite 1200 Thursdays, 4-5pm  
Contact: Sarah 508-386-3009  
SRMatthewsAlmeida@bamsi.org

**FOR MORE INFORMATION ABOUT CONNECTION AND OTHER PEER PROGRAMS AT NAMI MASSACHUSETTS**  
GO TO [namimass.org](http://namimass.org)  
OR CONTACT **JUDI MAGUIRE**  
[jmaguire@namimass.org](mailto:jmaguire@namimass.org)



### NAMI Connection Recovery Support Groups are:

- a confidential support group for adults concerned about their mental health
- 90-minutes long and free of charge to participants.
- led by trained facilitators living with mental illness who are at a point in recovery that they want to give back to the community.
- a safe environment for you to express yourself without being judged.
- a proven avenue to recovery
- inclusive - anyone welcome, regardless of diagnosis.

### What are the goals of NAMI Connection support groups?

- Provide a sense of community and hope throughout recovery.
- Encourage, support and empower people.
- Provide confidential support free of charge.
- Support any adult who is concerned about their mental health



8.11.2017

# YOU ARE NOT ALONE

## Join a NAMI Connection Support group Today!



**Acton**

Faith Evangelical Free Church,  
54 Hosmer Street, Acton,  
1st and 3rd Thursdays 10:00-11:30am  
781-982-3318  
nami.cmsx@gmail.com

**Agawam**

NAMI Western Mass Office 324A Springfield St.  
Tuesdays 2:30-4:00pm  
(413) 786-9139 information@namiwm.org

**Boston**

Lindemann Inn HealthCare for the Homeless,  
25 Staniford St. Thursdays 3:00 – 4:30 pm  
Contact: Jackie Martinez jmartinez1970@ymail.com

Hope Center, 25 Staniford Street  
Thursdays 11:00-12:30  
Contact Ben Coffin  
Email: bcoffin@northsuffolk.org  
Office: (225) 284-1606

Boston Medical Center, Resource Center  
85 E. Newton Street Ground Floor Boston, MA 02118  
Mondays 10:30 – 12:00  
Contact: Yuka Gordon  
(617) 305-9900  
yuka.gordon@mbrlc.org

**Dorchester**

Thursdays 3:00– 4:30pm  
PERC  
1500 Dorchester Avenue  
Dorchester  
Call PERC (617)-788-1034  
infoaboutperc@yahoo.com

**“I don’t know where I’d be without NAMI Connection; it literally saved my life. I’m so grateful for my group and now I just want to share this program with everyone living with a mental health issue.”**



**Easthampton**

Easthampton Congregational Church  
112 Main Street  
Thursdays 6:00 – 7:30pm  
(413) 786-9139 information@namiwm.org

**Everett**

Immaculate Conception, 489 Broadway  
Mondays 7:00-8:30pm  
Contact: Merlyn Snyder 857-891-0471  
merlynsnyder60@gmail.com

**Fitchburg**

The Messiah Lutheran Church 750 Rindge Rd  
Thursdays 7:00 – 8:30pm Contact: Caryl (508) 574-0603

**Framingham**

Programs for People, Inc. 98 Lincoln Street  
Framingham, MA 01702 Tuesday 3:00 -4:30pm  
Gretchen Becker (774) 365-7500  
g\_b\_1965@yahoo.com

**Gardner**

Heywood Hospital 242 Green St  
(dining room conference room B inside the cafeteria)  
Tuesdays 7:00-8:30pm Contact: Courtney Hudson  
Contact: Cortneyhudson82@gmail.com (508) 331-2921

**Gloucester**

43 Gloucester Ave., Room 2A  
1st Wednesday 7:00 – 8:30pm  
2nd & 4th Tuesdays 7:00 – 8:30pm  
Contact 978-281-1557  
Email: namicapeann@verizon.net

**“Getting involved with NAMI Connection has helped me to get involved with other people who share the same issues as I do, which means I’ve made some really good friends.”**

**Haverhill**

Holy Family Hospital (Haverhill) 62 Brown Street  
Revolving Doors at back of Hospital (Atrium Conf RM)  
1st Thursday of the month 7:00 – 8:30pm  
Contact Lisa Snyder (978) 764-8337 0903lisa@gmail.com

**Orleans**

Federated Church in East Orleans 162 Main St. Saturdays  
10:00 – 11:30am Carolyn at carolynmwitt@gmail.com

**Quincy (Dual Diagnosis Group)**

A New Way Recovery Center 85 Quincy Ave  
Wednesdays 6:00 – 7:30pm  
Contact: Sharon 617-302-3287  
Sharonanewway@gmail.com

**Palmer**

Baystate Wing Hospital  
40 Wright St, Palmer, MA 01069  
Thursdays 6:30 – 8:00pm  
(413) 786-9139 information@namiwm.org

**Roxbury (Dual Diagnosis Group)**

STEPRox 9 Palmer Street, Roxbury  
Wednesdays 1:00–2:30  
Contact Stella (617) 442-7837  
sstewart@northsuffolk.ora

