

Department of Public Health

Bureau of Substance Abuse Services - BSAS



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Bureau of Substance Abuse Services



- The Bureau of Substance Abuse Services (BSAS) is the **single state authority** in charge of overseeing substance abuse and gambling **prevention and treatment** services in the Commonwealth
- Payer of **last resort**
 - For clients without health insurance and/or services not reimbursed by other payers



Bureau of Substance Abuse Services



Major Responsibilities:

- Provide **access** to treatment for the indigent and uninsured
- **Licensing / Quality Assurance** for treatment programs and Counselors
- **Fund and monitor** prevention, treatment and case management services
- **Develop and implement policies and programs**
- **Track statewide substance abuse trends**



Principles of Effective Treatment



- No single treatment approach is appropriate for all individuals
- Treatment needs to be readily available
- Effective treatment attends to the multiple needs of the individual, not just substance use
- Remaining in treatment for an adequate period of time is critical for treatment effectiveness. Most studies indicate a minimum of 90 days
- Counseling (individual, family and/or group) and other behavior therapies are critical components of effective treatment
- Medications are an important element of treatment for many people, especially when combined with counseling and other behavior therapies



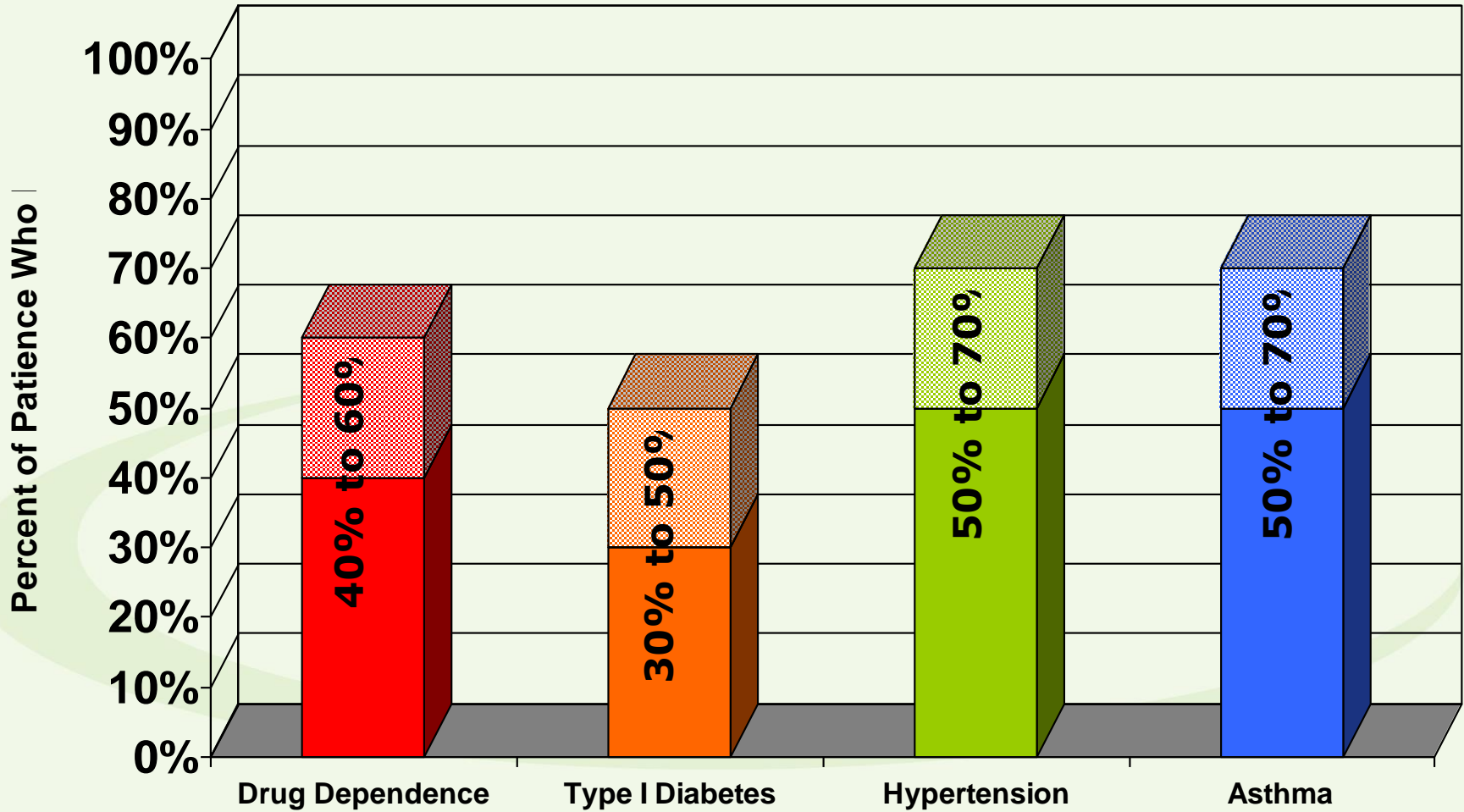
Principles of Effective Treatment



- Addicted individuals with co-existing mental disorders should be treated in an integrated way
- Medical detoxification is only the first stage and by itself does little to change long term use
- Treatment does not need to be voluntary to be effective
- Treatment programs should provide assessments and counseling to prevent and treat HIV, Hep B and C
- Recovery is a long term process that frequently requires multiple episodes of treatment



Relapse Rates Are Similar for Drug Dependence and Other Chronic Illnesses



Source: McLellan, A.T. et al., JAMA, Vol 284(13), October 4, 2000.



BSAS efforts to address co-occurring SA and MH

- Revised regulations: RR admission criteria in respect to prescribed medications
- DPH/BSAS and DMH review of regulations in order to remove barriers to integration
- Requiring all BSAS funded residential programs to have a clinical director
- Created Practice Guidance: Ensuring Effective Treatment for Persons with Co-Occurring Disorders



Access to Treatment



MA Substance Abuse Information and Education Helpline

Toll free #: **1-800-327-5050**

TTY : 1-800-720-3480

www.helpline-online.com

Staffed: 8AM-10 PM M-F; 9-5 Sat/Sun

- Staff have access to MBPH treatment locator database that shows open beds <http://www.mabhaccess.com>



Access to Tx

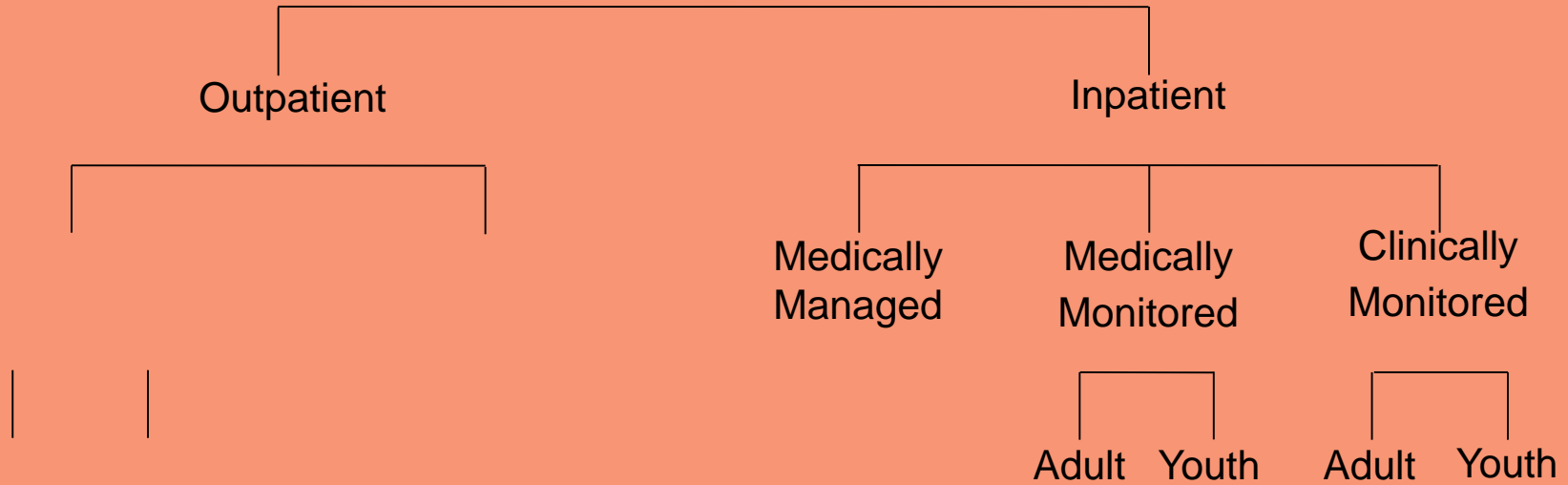


Community Healthlink's Addiction and Behavioral Health Urgent Care Center @ 12 Queen St. Worcester

- Provides triage and assessment to persons looking for treatment
- Walk-in services or can call **(800)750-9009**
- Is staffed 24/7 seven days a week
- Can provide medical clearance



Acute Treatment Services



Acute Treatment (Detoxification): Medically monitored detoxification services

- **Spectrum, Westboro Community Healthlink, Worcester; Medically Managed, AdCare**
- **Section 35 for men and for women:** Court-ordered ATS and stabilization for civilly committed individuals, if danger to self or others
- **Highpoint, New Bedford, Brockton, Jamaica Plain**
- **Level 3.5 (CSS):** Post ATS clinical stabilization and/or for clients who need stabilization but do not meet criteria for medically-necessary detoxification
- **Spectrum/Westboro; Community Healthlink/Passages and MYR for youth/Worcester**



Local programs



Community Healthlink- provides detox, stabilization and residential treatment; MH and SA outpatient clinics; OBOT; Central Intake number: **(800)750-9009**

AdCare Hospital- provides detox and outpatient services: **(800) 252-6465**

Spectrum-provides detox, stabilization and residential treatment **(800) 366-7732**

Medication Assisted Treatment **(800) 464-9555**
extension 1161.



EATS



Enhanced Acute Treatment Services (E-ATS) for Individuals with Co-occurring Mental Health and Substance Use Disorders provide diversionary and/or step-down services for Members in need of acute, 24-hour substance use disorder treatment, as well as psychiatric treatment and stabilization. Detoxification services are provided through a planned program of 24-hour, medically monitored evaluation, care, and treatment and are tailored for individuals whose co-occurring mental health and substance use disorder requires a 24-hour, medically monitored evaluation, care, and treatment program, including the prescription and dosage of medications typically used for the treatment of mental health disorders.

E-ATS services for individuals with co-occurring mental health and substance use disorders are rendered in a licensed, acute care or



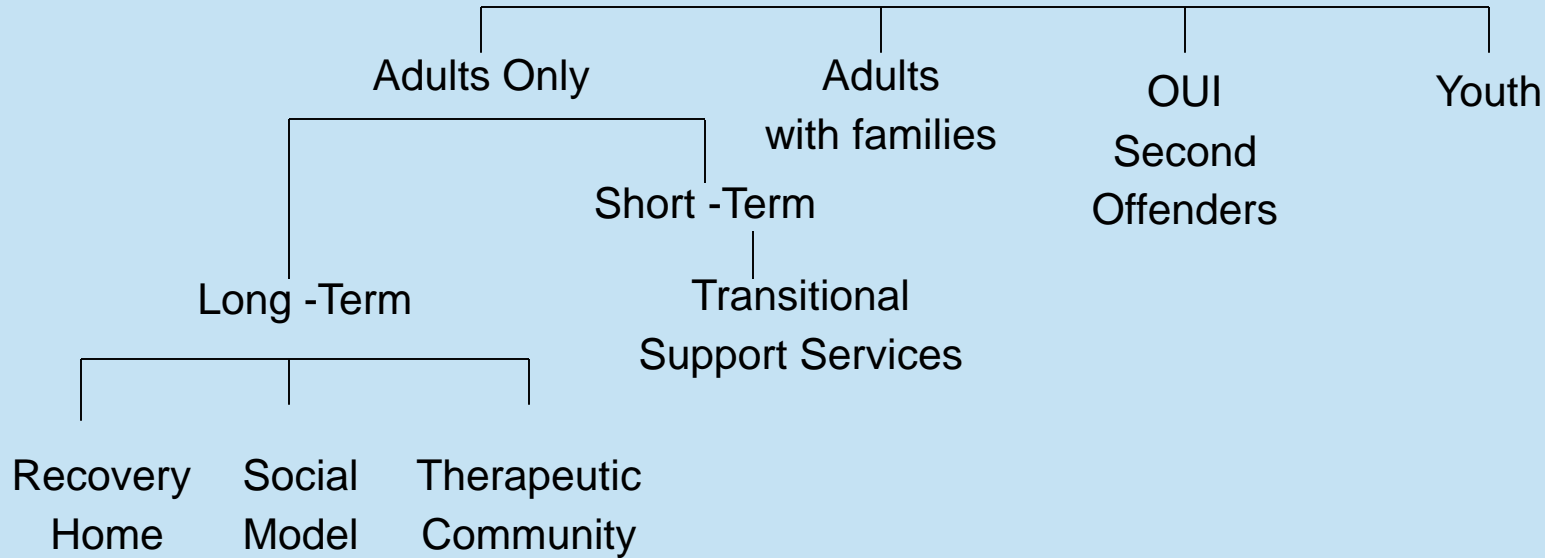
community-based setting with 24-hour physician and psychiatrist consultation availability, 24-hour nursing care and observation, counseling staff trained in substance use disorders and mental health treatment, and overall monitoring of medical care.

Services are provided under a defined set of physician-approved policies, procedures, and clinical protocols. E-ATS are available for both adolescents and adults.

- Individuals may be admitted to an E-ATS program directly from the community, including referrals from Emergency Services Program/Mobile Crisis Intervention (ESP/MCI) providers, or as a transition from inpatient services.
- Level 3 ATS programs providing EATS: SSTAR/Fall River; High Point/Plymouth; Community Healthlink/Worcester
- Reimbursed by MA Behavioral Health (MBHP)



Residential Rehabilitation Services



- For medically stabilized individuals and families able to participate in structured residential treatment
- Short (30-45 days) and Long term services (3-6 months)
- Adult and Youth services



Residential Rehabilitation Services



Short Term Stabilization - Adult

- **Transitional Support Services (TSS):** short-term residential services, safe and structured environment to support recovery after detoxification; need to be referred from detox or CSS; intended for persons waiting for a bed at a residential program; **Community Healthlink, Worcester**
- **Tewksbury Stabilization Program:** structured, residential substance-free environment for homeless and imminently homeless men. Includes case management, psycho-ed groups and referrals



Residential Rehabilitation Services



Long Term Services – Adult (3-6 months)

- For medically stabilized individuals and families able to participate in structured residential treatment
 - Therapeutic Community (In-house Tx)
 - Recovery Home (Halfway House)- Crozier House, Hector Reyes, Faith House, Charles Faris Recovery
 - Social Model Homes (with case mgmt and peer counseling)-Jeremiahs Inn, Rhodes House, Channing
 - Specialized Residential Services for Women: for mothers in treatment to maintain custody of (or reunify with) their children- Orchard Street



Family Services



- **Family Residential Treatment Programs:** housing, individual and family treatment and case management for caretaking parents; 7 programs statewide
- **Supportive Housing for Homeless Families:** Community Housing for HUD-eligible families, includes case management; sites in Webster and Worcester in CM
- **Family Intervention:** For families in need of help and youth /young adults with parent or guardian; offers home based services if needed, [LUK, Inc.](#)



Youth Intervention and Treatment



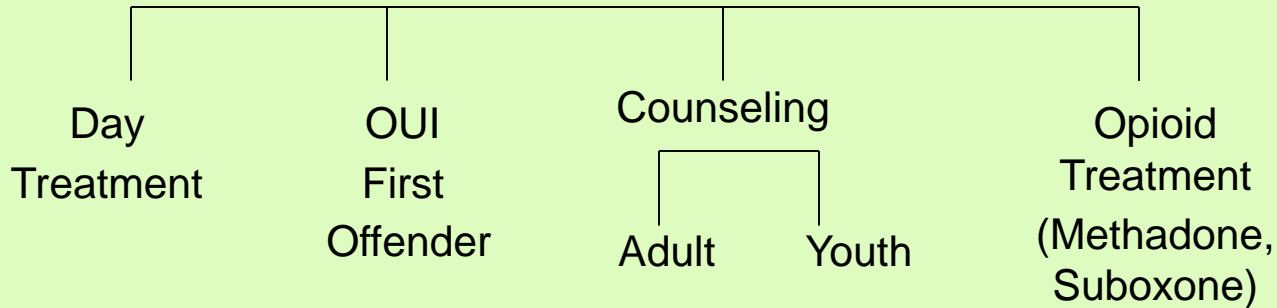
Central Intake – System for youth treatment referral and placement

Call: **617-661-3991**

- **Youth Stabilization:** short term, intensive clinical acute care/stabilization for adolescents 13-18; **MYR and Castle** Programs
- **Youth Residential:** short-term residential rehab for post detoxification 13-18 years old. Includes schooling, counseling, pre-vocational, recreational; gender specific
- **Recovery High Schools:** supportive environment, 7 to 1 student to teacher ratio, extended class day and school year; **Rockdale High** covers Central MA students
- **Youth Outpatient Services:** assessment for adolescents requesting residential treatment to determine most appropriate level of care, using GAIN tool, and offering counseling



Outpatient Services



- **OP Counseling / Day Treatment:** assessment and treatment planning, individual, group, and family counseling for adults and adolescents, their families, and/or significant others; **Spectrum, You, Inc., LUK, Inc*, Community Healthlink**
- **Opioid Treatment Services:** combine medical and pharmacological interventions (such as methadone, buprenorphine, naltrexone) with professional outpatient counseling , **Spectrum** sites in Worcester, Southbridge and Leominster, Milford; **Habit OPCO Fitchburg**
- **Office-based Opioid Treatment (OBOT):** allows PCPs to prescribe Suboxone (Buprenorphine) for opioid dependence in community-based clinical and health care settings; **Family Health Ctr. of Worcester; Community Health Connections/Fitchburg, Barre Family Health Ctr.**

*Certified Gambling Specialists



Partial Hospitalization/ IOP programs



Several exist in Central MA

- Harrington Partial Hospital Program is a short-term (2-3 weeks) program which offers intensive, coordinated and structured clinical services within a therapeutic environment. The goal of the program is crisis stabilization to avert inpatient hospitalization and return to a less intensive level of care.



Criminal Justice Systems



- **Services in County HOC:** BSAS funds OP treatment in all Houses of Correction in MA
- **Court Diversion Program:** treatment and referral alternatives for non-violent court involved individuals
- **1st Offender Driver Alcohol Education:** alternative sentencing, 40 hours of services in 16 weeks
- **2nd Offender 14-day Residential for DUIL:** phase one of 3-phase treatment model, 14-day residential
- **Second Offender Aftercare (SOA):** phases two and three of 3-phase treatment model, 8+ weeks of services and then after-care treatment plan



Recovery Support Services



- **Peer Recovery Support Centers:** community based recovery services in each region to provide information, referral, self-help groups, and access to treatment services to support individuals in recovery. Based on the peer participatory process model.
- **Everyday Miracles, 25 Pleasant St. Worcester**
- **Recovery Connection, 31 Main St, Marlboro**

- Additional recovery support services available through Outpatient programs, including recovery coaches, care management, telephone monitoring **LUK, Spectrum**



BSAS Website



BSAS website: www.mass.gov/dph/bsas

Contains information on:

- Prevention, Treatment and Recovery resources
- Substance abuse data
- Treatment guidelines (regulations and contractual requirements)
- Alcohol and Drug Counselor Certification
- DPH response to opioid epidemic



Resources



- **Substance Abuse Information and Referral Helpline:** www.helpline-online.com
1-800-327-5050
- **Youth/Pregnant Women/Family Residential Central Intake:** **617-661-3991**
- **Buprenorphine/Suboxone Referral Helpline:** **1-866-414-6926**
- **Massachusetts Health Promotion Clearinghouse** -- Free evidence-based resources
<https://massclearinghouse.ehs.state.ma.us/>
- **Naloxone:** <http://www.mass.gov/eohhs/docs/dph/substance-abuse/naloxone-info.pdf>
- **Prescription Take-back Kiosks:** <http://www.mass.gov/drugdropbox>
- **Learn To Cope** : Support and education for parents/family members
<http://learn2cope.org>
- **Problem Gambling Info and Referral Helpline:** **1-800-426-1234**
- **Allies In Recovery:** <http://alliesinrecovery.net>