

NATIONAL ALLIANCE  
ON MENTAL ILLNESS  
MASSACHUSETTS



# Since 1982, NAMI Mass

has been the pre-eminent force in Massachusetts to improve the quality of life through education, training, support, and advocacy, for the one in five people in our state with mental health conditions – and their families and caregivers. Our reach is great – and growing.

“*The Family-to-Family program changed our lives at a time when we desperately needed guidance.*”

Family-to-Family Participant

## Make a DIFFERENCE FUND

21 local chapters

100 CEOs Against Stigma

1,668 education and training programs that reach 12,042 people

15,846 police and first responders trained through NAMI Mass programs

2,009 people who contact NAMI Mass through our resource helpline

5,000+ participants in the annual NAMIWalks Massachusetts

6,832 participants in our diversity outreach programs



For more information on the **Make a Difference Fund**, or to support the work of NAMI Mass, please contact Laurie Martinelli at 617-580-8541 x 205 or [lmartinelli@namimass.org](mailto:lmartinelli@namimass.org).

NAMI Mass is a nonprofit 501(c)(3). Contributions are tax deductible to the extent provided by the law.



The Schrafft Center  
529 Main Street, Suite 1M17  
Boston, MA 02129  
Phone: (617)-580-8541 Fax: (617)-580-8673

<http://namimass.org>



# Education, Training, Support, Advocacy

A menu of the programs and initiatives offered by NAMI Mass and free to participants:



**Advocacy** – An aggressive policy agenda, driven by NAMI Mass and its network of activists and legislative supporters, to restore funding and shift resources from facilities and institution-based services, to community-based care.

**Allies for Student Mental Health** – An innovative NAMI Mass in-service training program for teachers and school administrators that addresses classroom challenges presented by students with mental health issues.

**Basics** – A six-week education program for caregivers of children and adolescents with emotional and behavioral health issues, taught by trained parents and caregivers dealing with similar issues.

**CEOs Against Stigma** – A pioneering effort that recruits Massachusetts CEOs who are committed to eliminating stigma in their workplaces.

**Compass** – The state's first comprehensive mental health information and referral resource for individuals, families, human services agencies, and the state's Department of Mental Health.

**Connection** – Recovery support groups for peers, led by NAMI-trained peer facilitators.

**Criminal Justice Diversion Project** – A cutting-edge program that supports police training in safely and humanely responding to people with mental illness in order to prevent their unnecessary arrest and incarceration.

**Diversity and Inclusion Training** – Training programs that focus on raising awareness and sensitivity to cultural discrimination from implicit bias.

**Family Support Groups** - Secure, nonjudgmental groups offered throughout the state, where caregivers can discuss concerns, and benefit from the collective knowledge and experience of one another.

**Family to Family** – A 12-week program that provides psycho-education, resources, and support to caregivers, taught by NAMI-trained family members.

**NAMIWalks Massachusetts** – The annual stigma-busting Walkathon that promotes awareness of NAMI Mass programs, and builds community.

**In Our Own Voice** – A core NAMI program that offers presentations by two trained people who are progressing through their journey of recovery.

**Peer-to Peer** – An 11-week recovery-focused educational program designed for adults who wish to establish and maintain wellness in response to mental health challenges.

*“NAMI Mass has given me hope that there is support out there.”*

– COMPASS Resource Line Caller

## You CAN make a difference!

To support NAMI Mass and the important work that it does, we have created the **Make a Difference Fund**, a new annual giving program. Gifts to the **Make a Difference Fund** are welcome at any level. In appreciation of gifts to the Fund between July 1, 2016 and June 30, 2017, NAMI Mass will offer special recognition to donors at the levels below that support NAMI programs as indicated:

---

### Friend \$100-\$499

Recognition in the NAMI Mass Annual Report.  
\$200 will underwrite an **In Our Own Voice** presentation.

---

### Supporter \$500-\$999

Complimentary admission to the Annual NAMI Mass convention, plus the above recognition.  
\$875 will underwrite a NAMI **Basics** class.

---

### Changemaker \$1,000 or more

To recognize their significant impact on the people we serve, charter Changemakers will receive prominent recognition in the Annual Report, complimentary admission to the NAMI Mass convention, and invitations to special events.  
\$1650 will underwrite a NAMI **Family to Family** course.

To contribute to the **Make a Difference Fund** and support the people we serve, please make your checks payable to NAMI Mass, or give online at [www.namimass.org/give](http://www.namimass.org/give).