

Do You Have Trouble With Your Sleep?

Are You Between the Ages of 18-65 and Do Not Have Sleep Apnea?



You may be eligible to participate in a 6-week research study that looks at sleep disturbance in individuals with bipolar disorder

If you are eligible for this study, you will:

- Come in to the MGH Bipolar Clinic and Research Program for 6 study visits
- Work with a study psychologist for to go over healthy sleep behaviors
- Take home a small sleep monitoring device to measure your sleep patterns

Call Stephanie for more information

(617) 724-9033

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| Partners Human Research Committee APPROVAL Effective Date February 26, 2013 |
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