

***Knowledge of  
Metabolic Risk  
in People with  
Mental Health  
Problems***

My name is Margaret Knight and I am a Psychiatric Clinical Nurse Specialist and an Associate Professor at the University of Massachusetts Lowell. I am working with two colleagues from McLean Hospital and we are asking if you would participate in an on-line survey. We are seeking people to participate in a study titled

“Knowledge of Metabolic Risk in People with Mental Health Problems”. This study is being conducted on behalf of the University of Massachusetts Lowell and McLean Hospital Department of Nursing. This survey is for people who have been diagnosed with a mental health problem and for people (family or significant others) who are involved in the health care of someone who has a mental health problem. We are interested in finding out how much people know about the health risks related to their mental health condition and its treatment. The survey asks questions about knowledge related to cardiovascular health and diabetes and questions related to the monitoring of physical health by doctors and nurses who provide care to you. The survey is anonymous; and should take approximately 15-20 minutes to complete. You must be 18 years or older to participate. The results of this survey will be used to inform psychiatric and medical providers about gaps in education and knowledge you need to stay healthy. This survey may also inform you about questions you need to ask your providers about your health status and how to improve your health. Go to ([https://umasslowell.co1.qualtrics.com/jfe/form/SV\\_e8xxIVSO3kWDxqt](https://umasslowell.co1.qualtrics.com/jfe/form/SV_e8xxIVSO3kWDxqt))

Thank you in advance.

Margaret Knight PhD, PMHCNS;

Paula Bolton MS, APRN;

Lynne Kopeski MSN, PMHCNS-BC

If you have any questions please contact [Margaret\\_Knight@uml.edu](mailto:Margaret_Knight@uml.edu) (978) 934-



4471