

# Finding Food Resources

Buying groceries can be a big ongoing expense. The Food Source Hotline can help people find food pantries, community meals, and other food-related resources in their community. The Food Source Hotline can also screen callers for Supplemental Nutrition Assistance Program (SNAP) eligibility. You can call the Food Source Hotline to get started.

## Reach out to the Food Source Hotline

1-800-645-8333

[www.projectbread.org/get-help/foodsource-hotline.html](http://www.projectbread.org/get-help/foodsource-hotline.html)

## SNAP benefits

[www.mass.gov/snap-benefits-formerly-food-stamps](http://www.mass.gov/snap-benefits-formerly-food-stamps)

program	contact information	when I reached out	when I heard back	notes

