

Finding Health Care and Other Essential Supports

If your new home is a far distance from where you lived before, you may want to change the places you were getting health care and other essential supports. Think about each of the places you get health care now, how often you get care there, and how easy it will be to get there from your new home. Also start thinking about options for finding new care, and who can help you with this. You can use the worksheet at the end of this section to help you think through this.

my health care and essential supports			
type of care and provider	how often I get care there	how I get there	will this still work for me?

new options for health care and essential supports		
type of care	who can help me with finding new care	potential options or places to look

