

Meeting New People

Beyond peer support, there are a lot of different ways to meet people who are near your new home. You can use this worksheet to keep track of the things you want to try!

- volunteer at a local organization
- take a class
- join a sports team
- try an exercise class
- join a house of worship
- try Meetup
- find a local club or interest group
- find a game store
- find a group bike ride
- _____
- _____
- _____

I will try...	notes

