



# **ANNOUNCING:** An internet parenting education and support group for mothers with psychiatric disabilities: **A RESEARCH STUDY**

**T**he Temple University Collaborative has launched a new research study examining the effectiveness of an Internet parenting education and social support program for mothers with a psychiatric disability. The TU Collaborative on Community Inclusion is looking for women who are interested in participating in an online parental education course designed to enhance parental knowledge and skills in the following areas: illness management, child development, stress reduction, parent-child communication, and promoting resiliency in your child.

This program also involves Internet social support through a Listserv, which will be co-moderated by a parent with a psychiatric disability and a mental health professional. This group can connect you 24-hours a day, 7-days a week to a community of supportive peers, in your own home or anywhere you can access the Internet!



## **WE ARE LOOKING FOR PEOPLE WHO:**

- **Are mothers (over the age of 18) diagnosed with a mental illness (Major Depression, Schizophrenia Spectrum Disorder or Mood Disorder)**
- **Currently have primary/ shared custody and are serving as the caretaker for at least one child (natural, adopted, or stepchild) under the age of 18**
- **Have access to a computer and the Internet**
- **Would consider using the Internet for support and information**
- **Are United States Residents**
- **Are fluent in English**

Participants will be compensated up to **\$100** for their participation in this study.

If you want to participate or would like more information, please email us at the following address:

[momsupport@temple.edu](mailto:momsupport@temple.edu)