



Roxbury

(Dual Diagnosis Group)
 STEPRox 9 Palmer Street, Roxbury
 Wednesdays 1:00–2:30
 Contact Louray Barton
 (617) 442-7837 or (617) 849-1250
 lourayabarton@gmail.com

Somerville

Cambridge/Somerville RLC 35 Medford St., Suite
 111, First Floor 02143 Wednesdays & Fridays
 10:30am-Noon
 Contact: Janel Tan 617-863-5388
 tanj@vinfen.org

**FOR MORE INFORMATION ABOUT
 CONNECTION AND OTHER PEER PROGRAMS AT
 NAMI MASSACHUSETTS
 GO TO namimass.org
 OR CONTACT JUDI MAGUIRE
jmaguire@namimass.org**

**“I don’t know where I’d be without NAMI
 Connection; it literally saved my life. I’m so
 grateful for my group and now I just want to
 share this program with everyone living with a
 mental health issue.”**

NAMI Connection Recovery Support Groups are:

- a confidential support group for adults concerned about their mental health
- 90-minutes long and free of charge to participants.
- led by trained facilitators living with mental illness who are at a point in recovery that they want to give back to the community.
- a safe environment for you to express yourself without being judged.
- a proven avenue to recovery
- inclusive - anyone welcome, regardless of diagnosis.

What are the goals of NAMI Connection support groups?

- Provide a sense of community and hope throughout recovery.
- Encourage, support and empower people.
- Provide confidential support free of charge.
- Support any adult who is concerned about their mental health



9.1.2018

YOU ARE NOT ALONE

Join a NAMI Connection Support group Today!



Acton

Faith Evangelical Free Church,
54 Hosmer Street, Acton,
1st and 3rd Thursdays 10:00-11:30am
781-982-3318
rose@connection@gmail.com

Agawam

NAMI Western Mass Office 324A Springfield St.
Tuesdays 2:30-4:00pm
(413) 786-9139 information@namiwm.org

Boston

Lindemann Inn HealthCare for the Homeless,
25 Staniford St. Thursdays 3:00 – 4:30 pm
Contact: Jackie Martinez jmartinez1970@ymail.com

Boston Medical Center, Resource Center
85 E. Newton Street Ground Floor Boston, MA 02118
Mondays 10:30 – 12:00
Contact: Yuka Gordon
(617) 305-9900
yuka.gordon@mbrlc.org

Dorchester

Thursdays 3:15– 4:45pm
PERC 1500 Dorchester Avenue
Dorchester
Call PERC (617)-788-1034
infoaboutperc@yahoo.com



Easthampton

Easthampton Congregational Church
112 Main Street
Wednesdays 6:00 – 7:30pm
Call Ellen for more information at
413-923 8481 information@namiwm.org

Everett

Immaculate Conception, 489 Broadway
Mondays 7:00-8:30pm
Contact: Merlyn Snyder 857-891-0471
merlynsnyder60@gmail.com

Fitchburg

The Messiah Lutheran Church 750 Rindge Rd
Thursdays 7:00 – 8:30pm Contact: Caryl (508) 574-0603

Gardner

Heywood Hospital 242 Green St
(dining room conference room B inside the cafeteria)
Tuesdays 7:00-8:30pm Contact: Courtney Hudson
Contact: Cortneyhudson82@gmail.com (508) 331-2921

Gloucester

43 Gloucester Ave., Room 2A
Mondays 2:00-3:30pm
Second and Fourth Tuesdays of every month:
7–8:30 p.m
Contact 978-281-1557
Email: namicapeann@verizon.net

“Getting involved with NAMI Connection has helped me to get involved with other people who share the same issues as I do, which means I’ve made some really good friends.”

Haverhill

Holy Family Hospital (Haverhill) 62 Brown Street
Revolving Doors at back of Hospital (Atrium Conf RM)
1st Thursday of the month 7:00 – 8:30pm
Contact Lisa Snyder (978) 764-8337 0903lisa@gmail.com

Orleans

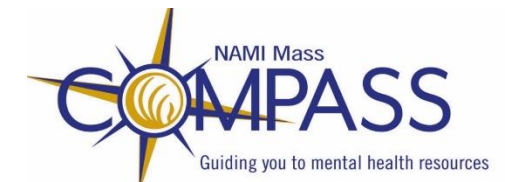
Federated Church in East Orleans 162 Main St. Saturdays
10:00 – 11:30am Carolyn at carolynmwitt@gmail.com

Quincy (Dual Diagnosis Group)

A New Way Recovery Center 85 Quincy Ave
Wednesdays 6:00 – 7:30pm
Warren Nicoli 617.302.3287 x402
Program Director - Recovery Support Center

Palmer

Baystate Wing Hospital
40 Wright St, Palmer, MA 01069
Thursdays 5:30 – 7:00pm
Call Sarah 413-782-4926 information@namiwm.org



Call **617-704-NAMI (6264)**
Toll Free: **800-370-9085**
or email COMPASS@namimass.org