



Roxbury

(Dual Diagnosis Group)

STEPRox 9 Palmer Street, Roxbury
Wednesdays 1:00–2:30
Contact Louray Barton
(617) 442-7837 or (617) 849-1250
lourayabarton@gmail.com

Somerville

Cambridge/Somerville RLC 35 Medford St., Suite
111, First Floor 02143 Wednesdays & Fridays
10:30am-Noon
Contact: Janel Tan 617-863-5388
tanj@vinfen.org

**FOR MORE INFORMATION ABOUT
CONNECTION AND OTHER PEER PROGRAMS AT
NAMI MASSACHUSETTS**

GO TO namimass.org
OR CONTACT **JUDI MAGUIRE**
jmaguire@namimass.org

**“I don’t know where I’d be without NAMI
Connection; it literally saved my life. I’m so
grateful for my group and now I just want to
share this program with everyone living with a
mental health issue.”**

NAMI Connection Recovery Support Groups are:

- a confidential support group for adults concerned about their mental health
- 90-minutes long and free of charge to participants.
- led by trained facilitators living with mental illness who are at a point in recovery that they want to give back to the community.
- a safe environment for you to express yourself without being judged.
- a proven avenue to recovery
- inclusive - anyone welcome, regardless of diagnosis.

What are the goals of NAMI Connection support groups?

- Provide a sense of community and hope throughout recovery.
- Encourage, support and empower people.
- Provide confidential support free of charge.
- Support any adult who is concerned about their mental health



9.1.2018

YOU ARE NOT ALONE

Join a NAMI Connection Support group Today!



Acton

1st & 3rd Thursdays 10:00 - 11:30 AM
Faith Evangelical Free Church
54 Hosmer St. Acton 01720(Upper Sun Room)
781-982-3318 or nami.cmsx@gmail.com

Agawam

NAMI Western Mass Office 324A Springfield St.
Tuesdays 2:30-4:00pm
(413) 786-9139 information@namiwm.org

Beverly

Last Wednesday of the month 7:00p - 8:30p
Beverly Hospital
85 Herrick Street, Beverly
Contact 973-312-2729 and leave message
namipsbeverly@gmail.com for more information

Boston

Boston Medical Center, Resource Center
85 E. Newton Street Ground Floor Boston, MA 02118
Mondays 10:30 – 12:00
Contact: Yuka Gordon
(617) 305-9900
yuka.gordon@mbrlc.org

Dorchester

Thursdays 3:15– 4:45pm
PERC 1500 Dorchester Avenue
Dorchester
Call PERC (617)-788-1034
infoaboutperc@yahoo.com

Easthampton

Easthampton Congregational Church
112 Main Street
Thursdays 6:00 – 7:30pm
(Mondays from March 6th 2019)
Call Ellen for more information at
413-923 8481 information@namiwm.org



Everett

Immaculate Conception, 489 Broadway
Mondays 7:00-8:30pm
Contact: Merlyn Snyder 857-891-0471
merlynsnyder60@gmail.com

Gardner

Heywood Hospital 242 Green St
(dining room conference room B inside the
cafeteria)
Tuesdays 7:00-8:30pm Contact: Courtney Hudson
Contact: Cortneyhudson82@gmail.com
(508) 331-2921

Gloucester

NAMI Cape Ann
43 Gloucester Ave #2A,
Gloucester, MA 01930
Mondays 2:00-3:30pm

NAMI Cape Ann
43 Gloucester Ave #2A,
Gloucester, MA 01930
Second and Fourth Tuesdays of every month:
1-3 pm
Contact 978-281-1557
Email: namicapeann@verizon.net

“Getting involved with NAMI Connection has helped me to get involved with other people who share the same issues as I do, which means I’ve made some really good friends.”

Haverhill

Holy Family Hospital (Haverhill) 62 Brown Street
Revolving Doors at back of Hospital
(Atrium Conf RM)
1st Thursday of the month 7:00 – 8:30pm
Contact Lisa Snyder (978) 764-8337
0903lisa@gmail.com

Leominster

Health Alliance Hospital 60 Hospital Rd.
Leominster, MA 01453
Every Thursday of the month, 7:00-8:30 PM
Contact: Maryann LeBlanc (978) 874-5602
nanimary41@gmail.com

Orleans

162 Main St, East Orleans, MA 02643
Saturdays 10:00 – 11:30am Carolyn at
carolynmwitt@gmail.com

Quincy (Dual Diagnosis Group)

A New Way Recovery Center 85 Quincy Ave
Wednesdays 6:00 – 7:30pm
Warren Nicoli 617.302.3287 x402
Program Director - Recovery Support Center

Palmer

Baystate Wing Hospital
40 Wright St, Palmer, MA 01069
Thursdays 5:30 – 7:00pm
Call Sarah 413-782-4926 information@namiwm.org