

Volunteer Speakers Wanted



Share Your Story: Living With A Mental Health Condition

In Our Own Voice Program

NAMI Massachusetts is looking for individuals that identify as having a mental health condition who are willing to share their stories with audiences at schools, universities, businesses, faith communities, etc. The In Our Own Voice (IOOV) program aims to increase awareness and change attitudes, assumptions, and stereotypes about people living with mental health conditions.

For qualifications & other information, please visit:

namimass.org/nami-in-our-own-voice/

**Volunteer Stipends
and Transportation
Costs Covered**



National Alliance on Mental Illness

Massachusetts



Contact us: Sarah Ford, sford@namimass.org

IOOV Speaker Training

Interested applicants should fill out an application at: namimass.org

Please note training spots are limited. Following the interviews, selected applicants only will be invited to participate in the training process to become an In Our Own Voice (IOOV) speaker.

The IOOV Training Process:

- 1-hour interview with NAMI Mass staff on Zoom: Potential speakers will be asked to briefly share their mental health journey with staff. Staff will discuss logistics and expectations related to the program and answer any questions applicants might have.
- 2-hour pre-training session on Zoom: Trainees will watch an IOOV presentation delivered by current IOOV speakers and participate in a conversation about the speakers' experiences in the program.
- Self-paced at-home writing of story script rough draft: A training guide is provided to support trainees in writing a rough draft of their IOOV story script. This must be completed before in-person training.
- Full-day in-person training: Trainees will receive feedback on their scripts, practice presenting their stories, learn how to answer audience questions and more.

Summer Training Dates

In-Person Session (9:00 AM- 6:00 PM) June 30th or August 5th

Applicants only need to attend one in-person training date.

Applicants must also attend one zoom pre-training prior to their in-person training date.

Thursday, June 30, 2022 In-Person Friday August 5th, 2022 In-Person

Pre-Training on Zoom Dates (Attend One):

- Thursday June 16th, 6-8pm
- Monday June 20th, 6-8pm

Pre-Training on Zoom Dates (Attend One):

- Tuesday July 19th, 6-8pm
- Thursday July 21st, 6-8pm

We especially encourage you to apply if:

- You have had police encounters related to your mental health journey
- You are a veteran of the armed forces
- You are Asian, Black or Latinx
- You speak Spanish or another language
- You have a diverse life experience: LGBTQ+, persons with disabilities, immigrants, refugees, formerly incarcerated individuals, etc.