The National Alliance on Mental Illness of Massachusetts (NAMI Massachusetts) is a nonprofit grassroots organization founded in 1982.

**OUR MISSION:** We seek to improve the quality of life for people living with mental health conditions, their families, and their caregivers. We work to ensure that all people impacted by a mental health condition receive the support they need when they need it. We use our voices as people and families with lived experience to challenge discrimination and advocate for a more equitable and just world.

**COMMUNITY EDUCATION & OUTREACH**

**ACTIVE SPEAKERS**

- **83**

**NEW TRAININGS**

- **5**

**NEW SPEAKERS**

- **35**

**IN OUR OWN VOICE (IOOV)**

- **248** PRESENTATIONS
- **6677** PARTICIPANTS

**SHARING OUR STORIES**

NAMI Mass developed & launched the Sharing Our Stories speaking program in 2022, with the first speaker training on July 9, 2022 and the first presentations occurring in August 2022.

- **20** SOS PRESENTATIONS
- **477** AUDIENCE MEMBERS

**K-12 SCHOOLS PROGRAMMING**

NAMI Mass provided Allies for Student Mental Health (ASMH), Ending the Silence (ETS), & In Our Own Voice (IOOV) presentations for school-based audiences, including students, teachers, & families.

- **1089** MIDDLE & HIGH SCHOOL STUDENTS WHO ATTENDED PRESENTATIONS
- **90** K-12 EDUCATORS WHO ATTENDED PRESENTATIONS

**PROGRAMMING FOR LAW ENFORCEMENT**

In 2022, NAMI Mass provided a variety of mental health educational presentations to police officers, corrections officers, and dispatchers as part of Crisis Intervention Team (CIT) trainings, including In Our Own Voice (IOOV), Sharing Our Stories (SOS), and Sharing Your Story with Law Enforcement (SYSLE).

- **36** CRISIS INTERVENTION TEAM (CIT) TRAININGS
- **991** PUBLIC SAFETY OFFICERS WHO ATTENDED PRESENTATIONS (88%)

> *These 2 impressive people sharing their stories is a gift to everyone who hears them. I’m grateful.*
> - IOOV ATTENDEE

> *Thank you for sharing such painful and emotional events in your loved one’s life. Sharing your experience helps us do our jobs better.*
> - POLICE OFFICER

*An icon signifies the highest number NAMI Mass has ever achieved!*

**Impact Report 2022**

**141,276 INDIVIDUALS & FAMILIES IMPACTED IN 2022**
**EDUCATION & SUPPORT**

Free classes and support groups for those impacted by mental health conditions and their families, based on a peer-to-peer model, and offered through the 17 local affiliates across the state.

**CONNECTION RECOVERY SUPPORT GROUPS**
- 728 groups run
- 1499 participants

**FAMILY SUPPORT GROUPS**
- 584 groups run
- 4652 participants

*The [F2F] program gave us knowledge, unconditional support, friendship, and, most of all, hope.*

- Parent participant

**TOPICS**
- finding mental health treatment
- finding peer support
- navigating mental health crises
- dealing with a legal system
- finding housing
- finding family support

**NAMIWALKS MASSACHUSETTS**

NAMIWalks is our biggest fundraiser and supports our education classes, support groups, resources helpline, community education and outreach programs, and our grassroots advocacy efforts.

- 1,500+ participants
- $589,000+ raised

**POLICY & ADVOCACY**

NAMI Massachusetts created a dedicated Policy, Advocacy, & Communications Department in 2022. We share information on and opportunities for involvement in the legislative process, advocacy initiatives, & mental health services in MA through listening sessions, advocacy trainings, briefs, public statements, & campaigns.

- 3183 letters written to legislators
- 734 people reached via advocacy alerts
- 1594+ views on Facebook Live
- 124 meetings scheduled with legislators

**ADVOCACY DAY**

Advocacy Day is an annual event where we host panels & trainings so anyone can effectively tell their story, then connect attendees with their legislators to discuss priority bills.

**SOCIALS**

- Website visitors: 74,318
- Twitter: 21.4K+
- Instagram: 3.6K+
- Facebook: 3.4K+
- LinkedIn: 7.1K+
- Email: 6.6K+

**COMPASS HELPLINE**

4948*

**TOP TOPICS**

- finding mental health treatment
- finding peer support
- navigating mental health crises
- dealing with a legal system
- finding housing
- finding family support

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**LETTERS WRITTEN TO LEGISLATORS**

3183*

**MEETINGS SCHEDULED WITH LEGISLATORS**

124

A *icon signifies the highest number NAMI Mass has ever achieved!
IN 2022 COMPASS FIELDED

4948 INQUIRIES

TOP TOPICS
- finding mental health treatment
- finding peer support
- navigating mental health crises
- dealing with a legal system
- finding housing
- finding family support
IN OUR OWN VOICE (IOOV)

248 PRESENTATIONS

6677 PARTICIPANTS

COLLEGE/UNI 23.5%
WORKPLACE 28.5%
INPATIENT 12.8%
OTHER 35.2%
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"Thank you for sharing such painful and emotional events in your loved one’s life. Sharing your experience helps us do our jobs better."
-POLICE OFFICER

Pepperell Police Chief David Scott, left, with Tim Burton, Criminal Justice Diversion Project Coordinator for the National Alliance on Mental Illness Massachusetts. Scott was recognized by NAMI MA with an award for Excellence in Crisis Response on Nov. 10, 2022.