

## NAMIWalks Massachusetts 2024 Frequently Asked Questions

<b>Registration</b> .....	<b>2</b>
<i>How do I register for NAMIWalks Massachusetts and create a team?</i> .....	2
<i>How do I join a team?</i> .....	2
<i>Does each team member need to register separately?</i> .....	3
<b>Sponsorship and Tabling</b> .....	<b>4</b>
<i>How can I become a sponsor for the event?</i> .....	4
<i>How can I load and unload items for the event?</i> .....	4
<b>Volunteering</b> .....	<b>4</b>
<i>How can I apply to volunteer at the Walk?</i> .....	4
<i>What are the volunteer work hours?</i> .....	4
<b>Event Logistics</b> .....	<b>5</b>
<i>How can I get to the Parkman Bandstand at the Boston Common?</i> .....	5
<i>Will parking be available?</i> .....	6
<i>Are there any hotels in the area?</i> .....	6
<i>Why did the Walk change location?</i> .....	6
<i>What should I wear?</i> .....	6
<i>When should my Walk Team and I arrive?</i> .....	6
<i>When does registration start?</i> .....	7
<i>How can I get a NAMIWalks T-Shirt?</i> .....	7
<i>What information do I need for check-in?</i> .....	7
<i>How long is the walking trail for this year's event?</i> .....	7
<i>Can I bring my dogs to NAMIWalks?</i> .....	7
<i>Are there bathrooms available at the event?</i> .....	7
<i>Will food and water be available at the event?</i> .....	7
<i>What if it rains?</i> .....	7
<b>T-shirt design contest</b> .....	<b>8</b>
<i>How do I enter the t-shirt design contest?</i> .....	8
<i>Who will judge the contest?</i> .....	8
<i>What are the criteria to win?</i> .....	8

## Registration

### How do I register for NAMIWalks Massachusetts and create a team?

To register for NAMIWalks Massachusetts and create a team, follow these steps:

1. Visit [namiwalks.org/massachusetts](https://namiwalks.org/massachusetts)
2. Click on the "Register" button located below the header "NAMIWalks Massachusetts."
3. If you are a returning participant:
  - a. Click the "Login To Your Account" link.
  - b. Enter your email address and password.
  - c. If you forgot your password, click the "Forgot Password" link to set a new one.
  - d. Click the "Login" button.
4. If you are a new participant:
  - a. Provide your name, email address (which will be your username), and create a password.
  - b. Click the "Continue to Next Step" button.
5. Choose your participant type:
  - a. Team Captain
  - b. Team Member
  - c. Individual Participant
  - d. Virtual Participant
6. Follow the prompts based on your selected registration type:
  - a. For Team Captain, click "Create a Team" and select the appropriate Team Type.
7. Provide your registration details, including:
  - a. Fundraising goal (aim for at least \$100 to receive a NAMIWalks T-shirt)
  - b. Self-donation opportunity
  - c. Optional questions
  - d. For new participants, also provide your address and phone number.
8. Agree to the Terms and Conditions by checking the box.
9. Click the "Continue To Confirmation" button.
10. Review your registration details and click the "Complete Registration" button.
11. Congratulations! You are now registered. Check your email for confirmation.

### How do I join a team?

1. Visit [namimass.org/massachusetts](https://namimass.org/massachusetts)
  - a. You can join a team by following the registration process.
  - b. Alternatively, find the team you want to join by visiting this link:  
<https://www.namiwalks.org/index.cfm?fuseaction=donordrive.teamList&eventID=1511>
2. Click on the name of the team you wish to join to access their team page.
3. Click on the "Join Our Team" button located below the team name.
4. Follow the registration steps to complete the process.

Does each team member need to register separately?

Yes, every participant must register individually. On-site registration is an option, but keep in mind that it doesn't include perks such as event t-shirts, food passes, or parking reimbursement.

## Sponsorship and Tabling

### Are you still accepting sponsorships and applications for exhibitors?

Our sponsorship opportunities and exhibitor booths for NAMIWalks Massachusetts 2024 are now closed as we prepare for the event. We extend our heartfelt gratitude to all our current sponsors and exhibitors for their generous support. Thank you for helping us make this event a success!

### How can I load and unload items for the event?

For street-level loading and unloading, use Avery Street by the Common, designated for staff parking and vendor access. Volunteers and dollies will assist in moving your materials between your vehicle and your table.

If street-level access isn't required, you can use the Boston Common Garage, which has stairs and an elevator to the Common. Note that vehicles entering must not exceed 6'3" in height.

## Volunteering

### How can I apply to volunteer at the Walk?

You can apply to volunteer by filling out [this form](#). Alternatively, you can email us at [namiwalks@namimass.org](mailto:namiwalks@namimass.org)

### What are the volunteer work hours?

Volunteer shifts vary based on assigned tasks.

- Volunteers assisting with setup will work from 7:00 AM to 9:00 AM
- Volunteers during the event will work from 9:00 AM to 1:00 PM
- Volunteers assigned post-event tasks will work from 1:00 PM to 2:00 PM.

# Event Logistics

How can I get to the Parkman Bandstand at the Boston Common?

## Public Transportation

- MBTA Green Line – Park Street or Boylston stations
- MBTA Red Line – Park Street station
- MBTA Silver Line – SL5: Boylston Street station
- For more information on planning your specific MBTA route, visit the [MBTA Trip Planner](#).

## Driving

### From the Masspike (I 90)

- Take Masspike Eastbound
- Take the Prudential Exit
- Stay right for Copley Place
- Continue on Stuart Street and take left on Charles St South which will turn into Charles St after the first traffic light.

### From the Southeast Expressway (I 93/RT. 3 North)

- Take exit 20 toward I-90, Airport & South Station
- Take a left toward South Station
- At the light Turn LEFT (West) onto Kneeland St
- Kneeland St becomes Stuart St
- Turn RIGHT (North) onto [Charles St South]-follow it to Charles St [1 block]

### From 93 South

- Take exit 26 toward Storrow Drive-North Station
- Follow Storrow Drive Heading Westbound:
- Take the Backbay/Copley Square exit (be sure to stay in the left lane, since it's a left lane exit)
- Once off the exit, take a left at light
- Take first right onto Arlington Street
- Proceed through set of lights
- At second light, take a left onto Boylston Street
- Go straight through lights
- At second light, take a left onto Charles Street
- Take a right into Boston Common Garage (Below the Boston Common Park)

### From Storrow Drive

- Heading Eastbound:
- Take the Downtown Boston exit (right lane exit)
- Follow the direction above from westbound

### Will parking be available?

Yes, parking is available at the Boston Common Parking Garage for \$18 for the day. Additionally, a limited number of on-street parking spots can be found near the Boston Public Garden on Boylston, Charles, and Beacon Streets.

For those who carpool to the event and are part of a team that raised more than \$500, parking reimbursement is available from NAMI Mass after the event. If you have a vehicle over 6'3" in height, please email [fundraising@namimass.org](mailto:fundraising@namimass.org) for additional parking options in the area.

### Are there any hotels in the area?

There are various hotels at proximity to the Boston Common. Here are some we have found:

- [Beacon Hill Hotel](#): 25 Charles St, Boston, MA 02114
- [Courtyard by Marriott Boston Downtown](#): 275 Tremont St, Boston, MA 02116
- [DoubleTree by Hilton Boston-Downtown](#): 821 Washington St, Boston, MA 02111
- [Global Luxury Suites Downtown Boston](#): 8 Harrison Ave, Boston, MA 02111
- [HI Boston Hostel](#): 19 Stuart St, Boston, MA 02116
- [Hilton Boston Park Plaza](#): 50 Park Plaza, Boston, MA 02116
- [Hotel AKA Boston Common](#): 90 Tremont St, Boston, MA 02108
- [Hyatt Regency Boston](#): 1 Ave de Lafayette, Boston, MA 02111
- [Moxy Boston Downtown](#): 240 Tremont St, Boston, MA 02116
- [Omni Parker House](#): 60 School St, Boston, MA 02108
- [Revere Hotel Boston Common](#): 200 Stuart St, Boston, MA 02116
- [The College Club of Boston](#): 44 Commonwealth Ave, Boston, MA 02116
- [The Godfrey Hotel Boston](#): 505 Washington St, Boston, MA 02111
- [The Ritz-Carlton, Boston](#): 10 Avery St, Boston, MA 02111
- [W Boston](#): 100 Stuart St, Boston, MA 02116

### Why did the Walk change location?

The Walk changed location to the Boston Common to provide better visibility and ample space for our event. Moreover, the Boston Common offers accessibility via train, car, and bike, making it convenient for participants to join us.

### What should I wear?

It's recommended to wear comfortable clothes and shoes for the walk. Don't forget to bring hats, sunglasses, and sunscreen to stay protected from the sun. Also, remember to check the weather before heading out to see if you'll need an umbrella.

### When should my Walk Team and I arrive?

You and your team can start arriving at 9:00 AM when registration opens.

### When does registration start?

Registration opens at 9:00 AM by the Parkman Bandstand. Look for signs and staff members who will direct you to the registration tent.

### How can I get a NAMIWalks T-Shirt?

To receive a NAMIWalks T-Shirt, raise \$100 or more for the Walk. When registering for the event, you'll be prompted to provide your shirt size. You can pick up your shirt at the registration table on the day of the Walk.

### What information do I need for check-in?

Simply provide your name at the check-in tent when you arrive.

### How long is the walking trail for this year's event?

The trail is a little over one mile, tracing the perimeter of the Boston Common. We will have volunteers stationed throughout the path to ensure safety and refreshments for all event participants.

### Can I bring my dogs to NAMIWalks?

Absolutely! We welcome your furry companions at the event. Please ensure they remain on-leash throughout the event. Additionally, we'll have NAMI Mass dog bandanas available for purchase so your four-legged friend can join in on the fun!

### Are there bathrooms available at the event?

Yes, portable restrooms, including an ADA-accessible option, will be provided for your convenience.

### Will food and water be available at the event?

Registered participants will receive a ticket each for a complimentary food item. Additionally, we've partnered with vendors offering a variety of items for purchase, with proceeds supporting NAMI Mass' mission and vision.

### What if it rains?

NAMIWalks Mass is an all-weather event! Rain or shine, we're committed to walking for mental health.

## T-shirt design contest

### How do I enter the t-shirt design contest?

To submit your design, simply bring a t-shirt with your design to the Walk. Visit the designated t-shirt design table where you can turn in your t-shirt and fill out a form. This form allows you to explain the significance of your design, why you selected your theme, and any other pertinent details.

### Who will judge the contest?

DMH Commissioner Brooke Doyle

### What are the criteria to win?

This year, we will have five different categories and winners for our annual t-shirt design contest, including one chosen by the NAMI Mass community:

1. **Best overall:** The Commissioner's all-around favorite for 2024. Criteria will be based on design, theme, color scheme, and message.
2. **Most inspirational:** The winning t-shirt will be a design that evokes hope, strength, resilience, or empowerment about our community and mental health recovery.
3. **Most creative/original:** A design that excels in creativity, relevance, and visual appeal, embodying the spirit of NAMIWalks Massachusetts.
4. **Most fun:** The design that makes people smile, capturing the spirit of fun and community.
5. **Community favorite:** Voted on by Walk attendees, highlighting the design that resonates the most.