



**Post-  
Election  
Support**

# *Peer Support* **FOR** *Peer Supporters*

**Thursday, November 14th  
@ 6PM**

Remember to take  
care of yourself.  
You can't pour from  
an empty cup.

**Zoom Meeting ID:  
848 0675 2529  
Passcode:  
233313**

*Life may be particularly  
challenging right now for ourselves  
and the people we support.  
We invite you to join us for a peer  
support meeting for those who are  
providing peer support to others  
during this tumultuous period.*

*For more information  
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