Volunteers Wanted
Share Your Story of Caring For a Loved One Living With A Mental Health Condition

NAMI Massachusetts

Sharing Our Stories Program

Are you a friend, parent, sibling, family member or caregiver of someone living with a mental health condition? NAMI Massachusetts is looking for individuals willing to share their story with community audiences such as schools, universities, workplaces, and faith communities.

For the qualifications & other information, please visit: Namimass.org

Volunteer Stipends and Transportation Costs Covered

Contact us: sford@namimass.org
SOS Speaker Training

Interested applicants should email Sarah Ford:
sford@namimass.org

Please note training spots are limited. Following the interviews, selected applicants only, will be invited to participate in the training process to become a Sharing Our Stories (SOS) speaker.

The IOOV Training Process:

- 1-hour interview with NAMI Mass staff on Zoom: Potential speakers will be asked to briefly share their journey of caring for a loved one with a mental health condition. Staff will discuss logistics and expectations related to the program and answer any questions applicants might have.
- Self-paced at-home writing of story script rough draft: A training guide is provided to support trainees in writing a rough draft of their SOS story script. This must be completed before in-person training.
- Full-day in-person training: Trainees will receive feedback on their scripts, practice presenting their stories, learn how to answer audience questions and more.

Summer Training Date
In-Person Session (9:00 AM- 6:00 PM)
Saturday July 9th, 2022
Location: TBD
Applicants must be vaccinated in order to attend.

We especially encourage you to apply if:

- You have had police encounters related to your loved one's mental health journey
- You are a veteran of the armed forces
- You are part of the AAPI Community
- You are a part of the BIPOC community
- You speak Spanish or another language
- You have a diverse life experience: LGBTQ+, persons with disabilities, immigrants, refugees, formerly incarcerated individuals, etc.