Volunteers Wanted
Share Your Story of Caring For a Loved One Living With A Mental Health Condition

NAMI Massachusetts
Sharing Our Stories Program

Are you a friend, parent, sibling, family member or caregiver of someone living with a mental health condition? NAMI Massachusetts is looking for individuals willing to share their story with community audiences such as schools, universities, workplaces, and faith communities.

For the qualifications & other information, please visit: Namimass.org

Volunteer Stipends and Transportation Costs Covered

Contact us: sford@namimass.org
Interested applicants should email Sarah Ford: sford@namimass.org or apply directly on our website (use QR code).

Please note training spots are limited. Following the interviews, selected applicants only, will be invited to participate in the training process to become a Sharing Our Stories (SOS) speaker.

The SOS Training Process:
- 1-hour interview with NAMI Mass staff on Zoom: Potential speakers will be asked to briefly share their journey of caring for a loved one with a mental health condition. Staff will discuss logistics and expectations related to the program and answer any questions applicants might have.

- 2-hour pre-training session on Zoom: Trainees will watch an SOS presentation delivered by current SOS speakers and participate in a conversation about the speakers' experiences in the program. Thursday September 21 from 6-8pm.

- Self-paced at-home writing of story script rough draft: A training guide is provided to support trainees in writing a rough draft of their SOS story script. This must be completed before in-person training.

- Full-day in-person training: Trainees will receive feedback on their scripts, practice presenting their stories, learn how to answer audience questions and more.

**2023 TRAINING DATE**
**TUESDAY OCTOBER 3RD, 9-6PM**
Virtual
Pre-training date: Thursday, September 21 from 6-8pm

We especially encourage you to apply if:

- You have had police encounters related to your loved one's mental health journey
- You are a veteran of the armed forces
- You are Asian, Black or Latinx
- You speak Spanish or another language
- You have a diverse life experience: LGBTQ+, persons with disabilities, immigrants, refugees, formerly incarcerated individuals, etc.

- You can commit to volunteering for one year
- You can present at least once per month
- Willing to present in-person
- Available during the day Mon- Fri