Making NAMI Massachusetts a powerhouse in the local mental health community.
Our Mission: Improve the quality of life for people with mental illness and their families.

Our Vision: Extend the education, support, and advocacy programs of NAMI Mass so that we will reach out to all Massachusetts individuals with a mental health condition and their families; improve the public’s awareness and understanding of mental illnesses; and advocate at all levels to ensure that all people affected by mental health challenges receive, in a timely fashion, the services that they need and deserve.

Our Values: Commit to programs that are both peer-driven and family-driven; to the key concepts of recovery, resiliency, and support that are essential to wellness and quality of life; and to full and meaningful lives for all people affected by mental illness in the Commonwealth.
Dear Friends of NAMI Massachusetts,

Last year, I was asked to become the President of the Board of NAMI Massachusetts. I was honored and humbled to assume this responsibility for such a vibrant organization. NAMI Massachusetts is an organization that has built a solid foundation over the years. It has a clear mission (education, support, and advocacy), recruited capable, well-qualified staff, built a broad base of funding sources, and employed prudent and sound financial management. We are fortunate to have recruited an engaged, empathic and active board. Perhaps most importantly we are a volunteer-driven organization and are lucky to have enlisted an enthusiastic pool of devoted volunteers who are committed to making NAMI Massachusetts a success whether at the Walk, teaching a course, facilitating a support group or working diligently at the Affiliate level. I know first-hand, as an Affiliate member, Family-to-Family member and teacher, Walk team captain and now as your Board President, the passion and commitment you all bring to NAMI Massachusetts. Thank you all. Together, we can keep NAMI Mass strong!

During the last year, there has been a significant change at NAMI Massachusetts with the departure of our long-standing Executive Director Laurie Martinelli. Since 2007 Laurie led the organization through significant growth, expanding and strengthening the programs we run, and building NAMI Massachusetts into a powerhouse in the local mental health community. We are grateful to Laurie for her leadership over the last ten years, and we wish her well in all future endeavors.

With change comes opportunity. Early in the spring, the Board established a search committee to find a new Executive Director for NAMI Massachusetts and over the summer, the committee has worked diligently to accomplish this task. Under the guidance of a consultant, I am able to report a rigorous search has been completed, and a new executive director has been selected by unanimous vote of the search committee. I expect to introduce Cheri Andes the new Executive Director to all the stakeholders present at the NAMI Massachusetts State Convention in Taunton on October 28 at the Holiday Inn. The board confidently looks forward to welcoming her and working with her for many years to come, continuing our growth, expanding our vision and under her dynamic leadership working assiduously on our goals and objectives.

For Cheri to build a strong foundation of knowledge and to assist her in leading us into the future, I encourage you all to find an opportunity during the next few months to meet her and welcome her to NAMI Massachusetts.

Together we can make a difference for all people affected by mental health challenges in the Commonwealth. Thank you all.

Tom Scurfield
NAMI Mass Board President
Allies for Student Mental Health

Schools are recognizing that mental health conditions interfere with students’ ability to learn. Some schools have faced tragic losses by suicide. Most schools are experiencing a stark increase in hospitalizations for students struggling with emotional challenges. Schools realize they need to train their staff on issues of suicide prevention, mindfulness, trauma sensitivity and mental health.

“Allies for Student Mental Health (ASMH) has evolved and grown as an offering to schools in Massachusetts. Educators get the professional development to recognize common mental health issues that children and teens struggle with. The program provides a panel of different perspectives including a person with a mental health condition, a clinician and teacher to give specific cases and tips to work with students, and a family member’s journey. The evaluations often state that the personal stories are the most impactful part of the presentation, helping the teachers truly understand the experiences of their struggling students.

For FY2017, ASMH was presented 28 times to pre-schools through high schools. Several school superintendents invited us back multiple times to reach every grade level.

Last July, we were invited back to the Massachusetts Association of School Superintendents Executive Institute, and in November we were invited to speak to the Massachusetts Association of School Committees in Hyannis as part of their annual conference.

We look forward to the continued growth of Allies for Student Mental Health, ideally coupled with NAMI Mass presentations of In Our Own Voice to the students and NAMI Basics education program to parents.

NAMI Basics

We held Basics classes in Acton and two classes in hospitals, HealthAlliance Hospital in Leominster and Franciscan Children’s Hospital in Brighton. We also held a first time Basics class for grandparents at the MSPCC in Jamaica Plain. In an effort to expand the program, we offered a teacher training in March 2017 graduating 17 Basics teachers. New classes offered this fall are in communities we have not served previously. Basics classes aid school systems grappling with providing resources for their families. Some schools are offering space to host classes and are teaming with NAMI Basics teachers to advertise the classes to their parent community. If this becomes a growing trend, it will bring parents of children and adolescents with behavioral and emotional issues together, reduce the discrimination, and silence surrounding mental illness.
The only shameful thing about mental health conditions is the stigma attached to them. This discrimination leads to isolation, misinformation, and all too often prevents people from seeking help. Stigma is rooted in silence, and silence feeds stigma. When we share our stories, the presenters of IOOV help break that cycle. By speaking up, we show others that they are not alone; that things can get better and that help is available. Each of us is living, breathing, talking proof that it is possible to create a life worth living.

With the continued growth and expansion of IOOV, it was critically important to diversify our roster to increase the number of presenters from minority and underrepresented groups. And we did just that—in FY2017 we held three trainings with 35 new presenters joining the IOOV team.

This was accomplished through “boots on the ground” outreach in the community, and thorough interviews, and vetting. It is also clear that holding trainings in areas where the trainees live increased interest and attendance, fostered connection and demonstrated the commitment on the part of the IOOV program to the communities we serve. Today the IOOV roster is far more heterogeneous — of our 79 active presenters (did a presentation in the past year) 47 are members of at least one minority group. That means that slightly over half of NAMI Mass In Our Own Voice presenters are from underrepresented groups. With our increased diversity, I am confident that we will offer more meaningful, relatable presentations to the venues we serve.

The Power of Breaking Down Discrimination Begins with a SINGLE STORY

**PRESENTERS**

- Elders (over 65)
- LGBTQ
- Veterans
- Asian American
- Latinx
- African American
- Young Adult
- Substance Use
- Substance Use Challenges

**GROUPS:** Acton, Agawam, Boston (3), Brockton, Dorchester, Easthampton, Everett, Fitchburg, Gardner, Gloucester (2), Haverhill, Orleans, Quincy, Somerville, Roxbury, Taunton

Connection

We have solidified and strengthened the Connection peer recovery support program. The central and western part of the state continue to be a challenge and we hope to be able to run a training in this area soon. Some Connection groups are now run as Dual Diagnosis groups facilitated by peers who have lived experience with substance use and mental health concerns. There is a huge demand for groups of this nature and the Connection model works well for this underserved part of the population.
Advocacy Day & Legislative Priorities

Advocacy on the state and federal level was active in FY2017. With the healthcare debates and threatened decimation of the Affordable Care Act on the federal side, plus the lack of federal monies going to mental health research at the National Institute of Mental Health, we kept busy. At the NAMI National Convention in Washington, DC we visited Senators Warren and Markey and visited our representatives as well. Add to that our Massachusetts legislative priorities and you can see we kept ourselves engaged on this front.

Our Advocacy Day held on Monday, April 3, 2017 drew a crowd of over 200 to the State House. Our program was on our successful and much needed criminal justice diversion project. Speakers included Representative Linda Dean Campbell and Police Sergeant Chris Malinn. With the right mental health training and partnerships, police and other first responders can de-escalate situations, prevent unnecessary arrest or violence, reduce the likelihood of injury to themselves or the individuals they detain, and connect people to appropriate treatment and support. Currently, only 20% of police departments in the Commonwealth have access to Crisis Intervention Training.

Some of the bills, we are advocating for or had hearings FY2017 Legislative Priorities included:

• An Act to Restore Funding to the Department of Mental Health: NAMI Mass remains committed to working with legislators and the Baker Administration to make sure the trend of increased funding to the department’s coffers continues.

• An Act Requiring Insurance Coverage for Emergency Psychiatric Services: currently, children and adults who are uninsured or receive Medicare or MassHealth are covered by Emergency Service Programs (ESPs). An ESP is a community-based and recovery-oriented crisis intervention service for people with psychiatric illnesses. Most individuals with private health insurance currently do not have access to these essential and oftentimes life-saving services. This bill would require that commercial insurers cover ESP services. A hearing was held by the Joint Committee on Mental Health, Substance Use & Recovery.

• An Act to Transfer Bridgewater State Hospital from the Department of Correction to the Department of Mental Health: Bridgewater State Hospital (BSH) evaluates and treats men who have a mental illness. Currently, the facility houses approximately 200 civilly committed men who have been charged with a crime, but not convicted. A handful of those have gone to trial and been found not guilty by reason of insanity. Massachusetts is only one of two states in the country who ask their state prisons to assume responsibility for the civil commitment of individuals with mental illness. NAMI Mass believes these men would be best served by the Department of Mental Health being in charge of their care. Only a full transfer of BSH from the Department of Correction to the Department of Mental Health will ensure that men with mental illness who enter the criminal justice system receive the same quality, clinically appropriate evaluation and treatment services that they would receive in any other psychiatric hospital.

Other pending bills address comprehensive police and first responder mental health training and alternatives to incarceration for those arrested who have a mental health condition.
Peer-to-Peer (P2P) is a recovery-focused educational program for adults who wish to establish and maintain their wellness. P2P helps develop coping skills and greatly values the individual experiences of each person in the class. Participants are empowered and invited to share their stories and coping tools that have worked for them.

Peer-to-Peer had another successful year. We paired experienced teachers with newly trained mentors. NAMI North Central sponsored one Peer-to-Peer training that graduated 11 new mentors.

I learned from Peer-to-Peer that there are more people than I realized who have mental illness and that you should not be ashamed or feel stigmatized.

Diversity Counts

In 2014, NAMI Mass created its Diversity, Outreach and Inclusion program using education as the key to reduce stigma, and raise awareness for family members and the people they love living with mental health conditions. In FY 2017, we reached 322,834 people across Massachusetts through diversity programs such as Compartiendo Esperanza, Sharing Hope, Bridges of Hope, and the Minority Mental Health Awareness Month campaign, while providing connections to our signature advocacy, education and support services. As a direct result, our number of diverse facilitators statewide has grown for programs such as Peer-to-Peer, and our peer recovery support groups Connection, as well as In Our Own Voice, expanding our ability to meet the needs of culturally diverse communities. Knowing that we have only scratched the surface of stigma, we look forward to continuously attacking its harmful effects through collaboration and support from our community partners. After all, valuing diversity and inclusion is not just the smart thing to do; it is the right thing to do!
NAMI Mass' Criminal Justice Diversion Project (CJDP) continues its vital work at local and state levels to prevent unnecessary arrest and incarceration of people with behavioral health conditions.

**Mental health training for police officers:** We work at the state and local levels to help police access high quality training on mental health response and de-escalation skills.

**NAMI Mass and Brookline Police Department develop new regional CIT Training and Technical Assistance Center**
- This collaboration was built on the foundation developed by the Somerville and Cambridge Police Departments, with support from the Department of Mental Health, providing an in-depth, 40-hour curriculum on mental health and substance use response.
- **Over 70 police officers** graduated, representing Brookline, Dedham, Milton, Needham, Newton, Norwood, Walpole, Wellesley, Randolph, and Braintree.

**Metro Boston Crisis Intervention Team (CIT) training for local police officers**
- **Over 200** police officers graduated from CIT training as a result of a partnership between the city of Somerville, the Cambridge Police Department, and NAMI Mass.
- The number of participating departments expanded this year from 10 to 20, including Cambridge, Belmont, Brookline, Everett, Haverhill, Malden, Medford, Somerville, Tewksbury, Wakefield, Waltham, Wilmington, Winthrop, and others.
- Facilitating **monthly case conferences** in Brookline and Medford to improve community collaboration and support for individuals with behavioral health needs.

**Continued statewide academy training for new police recruits**
- New municipal police officers continue to receive expanded training on mental health response, as a result of NAMI’s partnership with the Municipal Police Training Committee and DMH. **Over 1,500** new municipal police officers per year receive the 16 hours of interactive content, co-taught by an experienced officer and a licensed mental health clinician.

**Community partnerships between police and behavioral health providers:** The CJDP continues to work closely with local police and community partners to increase collaboration and develop strategies that divert people with behavioral health conditions from unnecessary criminal justice involvement and increase access to community supports and treatment. Highlights of this work in FY17 included:

**Continued our regional first responder mental health collaboration on the South Shore:**
- Participants include six police departments, two local hospitals, two ambulance companies, and the local emergency psychiatric service provider.
- The collaboration continues to develop pilot strategies to improve safety and access to care for people with behavioral health conditions who come into contact with police.
- Consultation with police departments regarding policies and procedures for mental health response.

**Advocacy:** The CJDP has built significant legislative traction on two vital initiatives. We hope to capitalize on the current focus on criminal justice reform in the legislature to make these two goals a reality:
- **Center of Excellence for Community Policing and Behavioral Health:** A statewide resource for training, technical assistance, and evaluation aimed at reducing the over-representation of individuals with mental illness in the criminal justice system. The Center will support jail diversion in all communities in the state.
- **Middlesex County Crisis and Diversion Center:** A community alternative to jail and hospitalization for people with mental illness. The Center will be a comprehensive service center with 24-hour bed capability and a range of services to meet individuals’ complex needs. The CJDP received an FY17 grant to plan the necessary activities, collaborating with the Middlesex Sheriff’s Office and other key stakeholders to lay the foundation for the Center.
Family programs have been on an upswing!

The 2017 Spring-Summer semester had an all-time record number of classes — 18 total! Two hundred and thirty two class participants completed the course, thus realizing the full benefits of what this evidence-based NAMI flagship program has to offer. There were 435 graduates from 31 classes altogether in the 2017 fiscal year.

“Wonderfully passionate”

**Family Support Group** (FSG) has its own share of positive developments. Jacquie Serebrani of NAMI Central-Middlesex helped establish a FSG in Winchester responding to the initiative coming from the Winchester UU Society leadership. Today, it is a fully-fledged group with two trained co-facilitators. FSG got its annual training boost in June. Twelve new facilitators from seven Affiliates received their program leader credentials after the training at the NAMI Mass office. The training addressed the critical needs of the groups in Newburyport, Springfield, Lowell, and earlier mentioned Winchester.

Three F2F Teacher training sessions were held during this fiscal year — another all-time record — in Charlestown (March), Hyannis (April) and Marlborough (August 2016). NAMI Cape Cod and NAMI Metro-West were the driving force behind two of these trainings, underwriting and organizing them with the State Office providing support.

The long-awaited F2F teacher gathering took place in early March at Employment Options, Inc. in Marlborough, MA. Billed as a “Bring Your Own Ideas Banquet,” it was a structured five-hour experience-sharing F2F teacher conference. The event was months-long in preparation and a result of dedicated work by a 15-person ad-hoc committee. Ten program veterans gave presentations from 11 carefully selected and prioritized subjects: class promotion, pre-screening approaches, outside underwriting, problem solving class insights, “hot potatoes” and cultural diversity just to name a few. Forty nine program leaders from 16 NAMI Mass Affiliates participated in the discussions.

The program veteran recognition ceremony led by Tom Scurfield, NAMI Mass Board President, and himself a veteran of the program, concluded the event. Twenty seven teachers received special newly designed NAMI Massachusetts F2F recognition pins, and the certificates for teaching three, five, ten and 15 classes in NAMI Green, Bronze, Silver and Gold categories respectively.

NAMI Massachusetts volunteer family program leaders — the heart and soul of our organization — consistently receive high praise from their program members for their selfless and dedicated service. “Wonderfully passionate,” “knowledgeable and well-prepared,“ “articulate and compassionate,” “open and accommodating,” “caring and sincere,” “warm and engaging,” “smart and efficient,” “supportive and understanding” — the words that the class graduates used to characterize their class teachers, speak for themselves. They come from a random selection of the class evaluation forms.
CASE STUDY: Berkshire County Sheriff Tom Bowler

Sheriff Tom Bowler, chief law enforcement officer in Berkshire County, wasn’t the first Sheriff to sign onto NAMI Mass’ CEOs Against Stigma campaign, but he was the first Sheriff to host NAMI’s In Our Own Voice presentation.

When he signed the CEOs Against Stigma pledge in February 2016, Sheriff Bowler made a formal commitment to tackle the stigma surrounding mental health for his 225 employees. On April 11, 2016, at the Pittsfield Jail, Sheriff Bowler hosted the NAMI Mass presentation In Our Own Voice, a key component of the CEOs Against Stigma campaign. In discussing stress management with the officers, balance emerged as a theme. One man shared that each night when he leaves work, he rolls down his car windows and drives home in complete silence. Another shared that humor is key, and his wife keeps him grounded. It was clear from the conversation that developing self-care practices to disengage from the workplace are key. In her evaluation, another officer shared that the way she manages is a re-entry ritual of checking on her sleeping child. She wrote, “I never thought of it as a coping skill, but I guess it is. I drop my stuff and go in and look at my daughter, I put my hand on her back to make sure she’s breathing. I have to know that she is okay—I listen to her breathing and I can feel myself relax. It’s the way I leave work behind.”

Correctional environments can take a toll on all who pass through the gates. Working in such a high stress environment impacts both the minds and bodies of Correctional Officers. Shift work can disrupt circadian rhythms, and the day-to-day threats of conflict and violence require constant vigilance. The frustration of seeing inmates repeatedly reincarcerated can lead to compassion fatigue. Since signing the CEOs Against Stigma pledge, Sheriff Bowler has further committed to supporting his staff’s wellness. In addition to hosting the In Our Own Voice presentation, he has integrated mental health education into staff in-service trainings. By distributing educational material about the unique mental health challenges Correction professionals face, he has actively encouraged his employees to look out for one another and offer support.

“As Sheriff of Berkshire County, I am proud to support NAMI’s campaign to ensure stigma-free workplaces,” says Sheriff Tom Bowler. “I am dedicated to ensuring that my staff receive all of the tools necessary for them to recognize mental illness, support and provide assistance to their colleagues... on a daily basis.”
COMPASS

COMPASS is NAMI Mass’ information and resource helpline, largely staffed by volunteer Navigators. Everyone on the COMPASS team identifies as either a person with a mental health condition or a family member/caregiver, so we all have firsthand experience finding our own resources and supports. We work to make the journey easier for others than it was for us, by compiling an ever-expanding database of mental health and social service resources. We take the time to listen and learn the unique details of every case, and follow up with detailed information about accessing helpful resources. Most importantly, we work as a team and ask each other for help with complex cases. No one knows everything, so it is vital to our work to brainstorm with each other, ensuring the best response to people in need.

COMPASS STATISTICS
- 27% were looking for support (about 2/3 of those were referred to peer supports or Recovery Learning Communities)
- 20% REFERRED to a NAMI PROGRAM
- 18% were REFERRED TO PEER SUPPORT
- 9% involved CRISIS PLANNING or referral to an ESP
- 5% involved substance use
- 3.5% dealt with YOUTH SERVICES or WORKING WITH SCHOOLS

TOTAL CASES 2231
SOURCE OF INQUIRY

PHONE CALLS 78% 1567 CASES
WEBSITE FORMS 9.4% 147 CASES
EMAIL 9.4% 210 CASES

The average length of a COMPASS phone call was 16 minutes. We do not limit the length of the calls; some are over an hour long.

Thank you so much for providing me with this very valuable information. We were able to get our son an appointment very quickly... This is the very first time in many years that I feel like he’s in the right place. His first appointment was 3 hours long; they spent so much time gathering information regarding his history both emotionally and with substance abuse. A week later he has a concrete course of action which includes lots of therapy. I finally feel like there is hope for our son. I can’t thank you enough.”

MOTHER LOOKING FOR RESOURCES TO HELP HER YOUNG ADULT SON WITH CO-OCCURRING MENTAL HEALTH AND SUBSTANCE USE ISSUES
The **NAMI Mass Walk** usually draws hundreds of participants from Vinfen programs all over Eastern Massachusetts — people in recovery, families, and staff, all of whom look forward to the day. It is a chance to get outdoors in a beautiful venue in the spring weather. We enjoy the company of friends and colleagues who share our vision of hope, and make a very public statement that recovery is possible and deserves support, but prejudice and discrimination are still with us, and needs to be overcome. By walking, Vinfen celebrates the terrific work NAMI Mass provides in public education, support and advocacy.

**BRUCE BIRD**  
**PRESIDENT & CEO, VINFEN**

2017 was our 14th Annual NAMIWalks Massachusetts event on Saturday, May 13, 2017 at Artesani Park in Boston. The day featured glorious weather, over 60 exhibitors and peer artisans, live music, food and Boston25 anchors emceeing the pre-Walk program. Approximately 5,000 people attended and there were smiles all around.

For the eighth year in a row, we were the top NAMIWalks campaign in the country out of 80+ walkathons. When all was said and done, we raised a commendable $642,627, although we did not reach our goal of $700,000.

We are indebted to our Volunteers, Team Captains, Walkers and their Donors, and our Corporate Sponsors. Together, they made the Walk a community-building and discrimination combatting event, as well as a financial success. We distributed another record-breaking amount to 18 Affiliates of over $120,000.

Our Lead Sponsor, Beacon Health Options, again showed that generosity knows no bounds with their organization contributing over $75,000. We are thankful for their continued support.
A special thank you to the Team Captains who worked with their Walkers to raise money for NAMI Mass. They are listed below.

@UKinBoston • Jacqueline Greenlaw
Advocates • Keith Scott
AKA Wellesley • AKA
All Minds Matter • Priscilla DiLuzio
Alternative Home Health Care, LLC • Bonnie Madigan
Amber Mace • Tammy Mace
Ann and Kyle's Angels • Susan Richard
Arbour HRI • Melanie Brown
Arbour-HRI Hospital • Courtney Liferidge
Bay State Strong • Laura McEvoy
BCBSMA – NAMI • Steven Buck
Beacon Health Options/MBHP • Kaitlyn Sudol
Bedford VA Peer Support • Karen Milliken
BHCHP • Barbara McNinnis House
BHCHP • Behavioral Health
BHCHP • Family Team
BHCHP • JYP Clinic
BHCHP • Pine Street Inn
BHCHP Team • Georgia Thomas-Diaz
Bipolar Strong • Carriann DiCicco
Blondes have more fun! • Sarah McNinnis
Boston Medical Center • Anita Dayalan
BMC HealthNet Plan • Lisa Hatfield
Bob’s Army • Tom Madaras
Boston25 Cares Team
Boston AKA – Psi Omega Chapter •
AKA – Kathy
Bournedown • Elissa Hogan
BU Center for Psychiatric Rehabilitation •
Lenny Mulcahy
Build a Life Worth Living • Cameron Chinetti
Cailean’s Walkers • Brittany Rubertone
Cambridge Health Alliance • Madeline Kidd
Cape Ann/99 Faces • Holly Knapp
CCBC Taunton/Attleboro • CCBC
Central Mass Steppers • Lynn Chenevet
Children’s Friend and Family Services •
Crystal Controino
CityPsych Wellness • Rob Blasi
Comfort Home Care • Kate Cook
Commonwealth Care Alliance • Adam Wasserman
Corner Clubhouse • Jennifer Werner
CrazyFriendlyRainbow • Emily Keegan
Criolas Unidas • Julia Cardoso
Cully’s Crew • Anna Cullinane
DBSA Boston – We are Believers •
Lillian Cravotta-Crouch
DMH Northeast AreaMary • Beth Foley
Education, Inc. • Katelyn Ritter
Eliot Walkers for Wellness • Patrick Connolly
Eliot Walking Warriors • Tayla Prizio
Eilenhorn • Alivia Hall
Fahts Friends! • Crystal Vraibel
Family to Family Central Middlesex •
Dee Febbia
Ginger Power • Jillian Landers
Glitter Posse • Sarah Brown
Grateful Heads • Eliza Williamson
Hannah • Lori Young
Happy Girls • Rebecca Rodriguez-Mead
Healthy Minds; Healthy Hearts •
LaRonee Lewis
Help Fight the Stigma • Sharon Mazaka
Hope for More • Meagan Storainulo
Hope, Courage, Strength • Renee Heusser
HSS 2017 • Kevin Li
I Dream of Jenny • Lili Veruki
Katelyn’s Plan • Maureen Riley
Kholtucketers • Deborah Wooten-Angelo
KillTheStigma • Saadiman Kazi
Kristin’s Krusaders Quincy Arbour •
Kristin O’Brien
Lahey Health • Denise Mason
Lindley Girls • Addie Lindley
Love Hope Recovery • Bernard Gallant
Lowell Stigma Stoppers • Shamir Rivera
Madden • Dan Madden
McGoo Crew • Sandy McGugan
McLean Hospital • Adrienne Gerken
MedSix • Rachel Leung
Mental Health Warriors • Maria George
Meow Meow Pow Pow • Nicky Anderson
Metro Boston RLC • Michael Kanter
Morton Hospital • Christina Cronin
Moving for the Movement • Kelli Quinn
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Monica Lynch
NAMI GBCAN • Howard Trachtman
NAMI Greater Lowell • Elaine Dean
NAMI Greater North Shore • Lori Bassinger
NAMI Mass State Office • Karen Gromis
NAMI MetroWest F2F • Shamir Sharifi
NAMI Newton-Wellesley • Steffi Aronson
Karp
NAMI North Central Mass • Guy Beales
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NAMI South Shore • Kathy Castagna
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Pembroke Lists • Kendra-Leigh Silva
Pilgrim and Gateway Church • Andrea Metayer
Point After Club • April Vitulli
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Taunton State Hospital • Clair Kershaw
Team Alkermes • Shawn Murphy
Team BAMSI • Teresa Belsan
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Team Carney Hospital • Katherine O’Neill
Team Cathy • Patricia Thatcher
Team COMPASS! • Megan Wiechnik
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Team MTSG • Matthew Lemay
Team Reed • Zachary Reed
Team Riverside • Catherine Tahtjes
Team Stigma Free • Jennifer Wolfe
Team Swampsnett • Alex Cherkasov
Team Travis • Jodie and Doug Zindle
Temple Beth Elohim • Joel Trachtman
The A Team • Natalie Feigenbaum
The Bipolar Bears • Marco Estevam
The Diversion Dragons • Rebekah Gibbons
The Mac Attacks • Mackenzie Stewart
The Synaptic 4 • Justine Tang
Torin’s Crusaders • Torin
Canales-McAleavey
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UMass Psychiatry • Sheperd Cohen Aziz
Vinfen • Erin Tighe
Walden Behavioral Care • Kristin Brawn
Walk the Walk • Eileen Doucet
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Thank you to all our Corporate Walk Sponsors

NAMI Mass is grateful to all Corporate Sponsors of NAMIWalks Massachusetts 2017 as well as those companies that graciously provided in-kind donations.

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Unrestricted Net Assets Revenue & Support
Grant Income $461,588
Special Event - NAMIWalks 642,627
Special Event - Other 102,156
Contributions 325,268
Membership and Convention 33,249
Interest Income 2,332

Net Assets Released from Restrictions
Used for Operations 134,500

Total Revenue and Support $1,701,720

*unaudited

Financial Results for FY 2017*

<table>
<thead>
<tr>
<th>Unrestricted Net Assets Revenue &amp; Support</th>
<th>Operating Expenses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grant Income $461,588</td>
<td>Salaries and Benefits 866,809</td>
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<tr>
<td>Special Event - NAMIWalks 642,627</td>
<td>Professional Fees 283,237</td>
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<tr>
<td>Special Event - Other 102,156</td>
<td>Occupancy Costs 85,272</td>
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<tr>
<td>Contributions 325,268</td>
<td>Direct Program Expenses 69,597</td>
</tr>
<tr>
<td>Membership and Convention 33,249</td>
<td>G&amp;A and Fundraising Expenses 209,604</td>
</tr>
<tr>
<td>Interest Income 2,332</td>
<td>Walk Payments to NAMI National and Affiliates 162,506</td>
</tr>
</tbody>
</table>

Total Operating Expenses $1,642,025

Income from Operations 59,695
Unrealized Loss on Investments —
Realized Gain on Investments 6,065

Increase in Unrestricted Net Assets $65,760

Functional Expenses FY 2017

<table>
<thead>
<tr>
<th>GENERAL &amp; ADMINISTRATIVE • 5%</th>
</tr>
</thead>
<tbody>
<tr>
<td>IFUND RAISING • 8%</td>
</tr>
<tr>
<td>PROGRAM COSTS • 87%</td>
</tr>
</tbody>
</table>

We have made every effort to be accurate in our listings, and apologize if any mistake or omission has been made. All gifts are greatly appreciated. If your donation is not recognized on these pages, please contact our office, 617-580-8541.

* Individual Donors for the 2017 Fiscal Year.
For our 6th Annual Spring Fundraiser on Sunday, April 9, 2017 we were fortunate to get Kay Redfield Jamison, famous author of *An Unquiet Mind* and psychologist at Johns Hopkins School of Medicine to be our featured guest. She attracted a packed-to-the-gills crowd to Canary Square restaurant in Jamaica Plain, MA. The event was a success. Over $100,000 was raised!

### 2016 NAMI Mass Convention

Nearly 400 NAMI Mass members and other stakeholders attended our 34th Annual State Convention at the Sturbridge Host Hotel in Sturbridge MA on Saturday, October 29, 2016. Participants took part in such workshops as “Mental Health & Substance Disorders,” “Peer Support: It Works! Living & Learning in Recovery,” and “Families and police partnerships: Working together to plan for and prevent mental health crises.” NAMI Medical Director Ken Duckworth was the keynote speaker.