

Quincy Connection Support Group

(Dual Diagnosis Group)

meets Wednesdays

6 - 7:30 pm

at A New Way Recovery Center

85 Quincy Avenue, Quincy

contact A New Way Recovery Center at 617-302-3287 for more information

Palmer Connection Support Group

meets Thursdays

5:30 - 7 pm

at Baystate Wing Hospital

40 Wright Street, Palmer

contact Sarah at 413-782-4926 or

information@namiwv.org for more information

Roxbury Connection Support Group

(Dual Diagnosis Group)

meets Wednesdays

1 - 2:30 pm

at STEPRox

9 Palmer Street, Roxbury

contact STERox at 617-442-7837 for more information

Somerville Connection Support Group

meets Wednesdays & Fridays

10:30 am - 12 pm

at the MBRLC Cambridge/Somerville Recovery Learning Center

35 Medford Street, Suite 111, Somerville

contact Janel at 617-863-5388 or

tanj@vinfen.org for more information

About NAMI Connection Recovery Support Groups

Are you concerned about your mental health? Do you feel alone and hopeless? Are you wondering how to cope? Reconnect, rebuild, and find support with NAMI Connection Recovery Support Groups.

NAMI Connection is a free, peer-led support group for people who are concerned about their mental health. Groups are led by NAMI-trained facilitators who've been there. NAMI Connection groups allow you to talk about your experiences in a safe and confidential setting.

The groups encourage empathy, productive discussion, and a sense of community. You will gain insight from hearing the challenges and successes of others.

NAMI Connection Recovery Support Groups will help you:

- Find hope and develop relationships
- Find better coping skills
- Help others while helping yourself
- Find strength in sharing experiences
- Work for a better future

updated 9/10/19



You Are Not Alone



Contact us for more information:

Judi Maguire

Director of Peer Programs

617-580-8541 x 223

jmaguire@namimass.org



We encourage you to contact the group facilitator before attending the first time to confirm the meeting date and location.

Acton Connection Support Group

meets on the 1st & 3rd Thursdays of the month
10 - 11:30 am
at the Faith Evangelical Free Church
54 Hosmer Street, Acton
contact NAMI Central Middlesex at 781-982-3318 or nami.cmsx@gmail.com for more information

Agawam Connection Support Group

meets Tuesdays
2:30 - 4 pm
at the NAMI Western Mass Office
324A Springfield Street, Agawam
contact NAMI Western Mass at 413-786-9139 or information@namiwm.org for more information

Beverly Connection Support Group

meets on the last Wednesday of the month
7 - 8:30 pm
at Beverly Hospital
85 Herrick Street, Beverly
contact 973-312-2729 or namipsbeverly@gmail.com for more information

Boston Connection Support Group

meets Mondays
10:30 am - 12 pm
at MBRLC Boston Resource Center
85 E. Newton Street, Boston
contact Yuka at 617-305-9900 or yuka.gordon@mbrlc.org for more information

Dorchester Connection Support Group

meets Saturdays
11 am - 12:30 pm
at the MBRLC Peer Education Resource Center
1500 Dorchester Avenue, Dorchester
contact 617-788-1034 or infoaboutperc@yahoo.com for more information

Easthampton Connection Support Group

meets Thursdays
6 - 7:30 pm
at the Easthampton Congregational Church
112 Main Street, Easthampton
contact Ellen at 413-923-8481 or ellengroupinfo@gmail.com for more information

Everett Connection Support Group

meets Mondays
7 - 8:30 pm
at the Immaculate Conception Church
489 Broadway, Everett
contact Meryl at 857-891-0471 or merlynsnyder60@gmail.com for more information

Gardner Connection Support Group

meets Tuesdays
7 - 8:30 pm
at Heywood Hospital
242 Green Street, Gardner
contact Cortney at 508-331-2921 or cortneyhudson82@gmail.com for more information

Gloucester Connection Support Group

meets on the second and fourth Tuesdays of every month
1 - 3 pm
at the NAMI Cape Ann office
43 Gloucester Avenue, #2A, Gloucester
contact NAMI Cape Ann at 978-281-1557 or namicapeann@verizon.net for more information

Haverhill Connection Support Group

meets on the 1st Thursday of the month
7 - 8:30 pm
at Holy Family Hospital
62 Brown Street, Haverhill
contact Lisa at 978-764-8337 or 0903lisa@gmail.com for more information

Leominster Connection Support Group

meets Thursdays
7 - 8:30 pm
at Health Alliance Hospital
60 Hospital Road, Leominster
contact Maryann at nanimary41@gmail.com for more information

Orleans Connection Support Group

meets Saturdays
10 - 11:30 am
at the Federated Church
162 Main Street, Orleans
contact Carolyn at 774-722-4528 or carolynmwitt@gmail.com for more information