

2024

Recovery Foundations

An Introduction to Wellness and Peer Workforce Options

8 weekly sessions
via Zoom

1 hour 30 minutes
Thursdays
10:00am - 11:30am

Week 1: June 13
Week 2: June 20
Week 3: June 27
Week 4: July 11
Week 5: July 18
Week 6: July 25
Week 7: Aug 1
Week 8: Aug 8

Recovery Foundations is a training opportunity designed to help anyone new to peer support engage in self-exploration of what recovery and wellness mean to them, as well as learning about the many existing opportunities to become part of the growing peer support workforce.

There are no academic or experience prerequisites for participating.

Register by June 7th:

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All Northeast Recovery Learning Community (NERLC) activities are conducted with support from the Commonwealth of Massachusetts' Department of Mental Health- Recovery Learning Community.