Emergency Services Program (ESPs)

Emergency Service Programs (ESPs) provide community-based assessment, intervention, and stabilization services for people experiencing mental health or substance use related crisis. They can talk to people who feel they are in or near crisis, and try to help them find the supports they need to manage the crisis. ESPs are available 24 hours a day, 7 days a week, 365 days a year.

**Statewide ESP Number**

Call **1-877-382-1609** and enter your zipcode (or use the direct number below)

### Northeastern Massachusetts

<table>
<thead>
<tr>
<th>North Essex</th>
<th>Andover, Lawrence, Methuen, North Andover</th>
<th>Lahey/Northeast Behavioral Health 1-866-523-1216</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lawrence area</td>
<td>Andover, Lawrence, Methuen, North Andover</td>
<td>Lahey/Northeast Behavioral Health 1-877-255-1261</td>
</tr>
<tr>
<td>Lowell area</td>
<td>Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro, Westford</td>
<td>Lahey/Northeast Behavioral Health 1-800-830-5177</td>
</tr>
<tr>
<td>Tri-City</td>
<td>Everett, Lynn, Lynnfield, Malden, Medford, Melrose, Nahant, North Reading, Reading, Saugus, Stoneham, Swampscott, Wakefield</td>
<td>Eliot Community Human Services 1-800-988-1111</td>
</tr>
</tbody>
</table>

### Metro Boston

<table>
<thead>
<tr>
<th>Boston area</th>
<th>Boston, Brookline, Chelsea, Revere, Winthrop</th>
<th>Boston Emergency Services Team 1-800-981-4357</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cambridge &amp; Somerville</td>
<td>Cambridge, Somerville</td>
<td>Cambridge Somerville Emergency Services 1-800-981-4357</td>
</tr>
</tbody>
</table>

### Southeastern Massachusetts

<table>
<thead>
<tr>
<th>South Shore</th>
<th>Braintree, Cohasset, Hingham, Hull, Milton, Norwell, Quincy, Randolph, Scituate, Weymouth</th>
<th>Aspire Health Alliance 1-800-528-4890</th>
</tr>
</thead>
<tbody>
<tr>
<td>Norwood area</td>
<td>Canton, Dedham, Dover, Foxborough, Medfield, Millis, Needham, Newton, Norfolk, Norwood, Plainville, Sharon, Walpole, Wellesley, Weston, Westwood, Wrentham</td>
<td>Riverside Community Care 1-800-529-5077</td>
</tr>
<tr>
<td>Southern Coast</td>
<td>Acushnet, Carver, Dartmouth, Duxbury, Fairhaven, Halifax, Hanover, Hanson, Kingston, Marion, Marshfield, Mattapoisett, New Bedford, Pembroke, Plymouth, Plympton, Rochester, Wareham</td>
<td>Child and Family Services 1-877-996-3154</td>
</tr>
<tr>
<td>Brockton area</td>
<td>Abington, Avon, Bridgewater, Brockton, East Bridgewater, Easton, Holbrook, Rockland, Stoughton, West Bridgewater, Whitman</td>
<td>Community Counseling of Bristol County 1-877-670-9957</td>
</tr>
</tbody>
</table>
### Cape Cod & the Islands
- Aquinnah, Barnstable, Bourne, Brewster, Chatham, Chilmark, Cotuit, Dennis, Eastham, Edgartown, Falmouth, Gay Head, Gosnold, Harwich, Hyannis, Mashpee, Nantucket, Oak Bluffs, Orleans, Osterville, Provincetown, Sandwich, Tisbury, Truro, Wellfleet, West Tisbury, Woods Hole, Yarmouth

### Fall River area
- Fall River, Freetown, Somerset, Swansea, Westport

### Taunton & Attleborough area
- Attleboro, Berkley, Dighton, Lakeville, Mansfield, Middleborough, North Attleboro, Norton, Raynham, Rehoboth, Seekonk, Taunton

### Central Massachusetts

#### MetroWest

#### North County

#### South County
- Bellingham, Blackstone, Brimfield, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Holland, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Brookfield, Oxford, Southbridge, Sturbridge, Sutton, Upton, Uxbridge, Wales, Warren, Webster, West Brookfield

#### Worcester area
- Auburn, Boylston, Grafton, Holden, Leicester, Millbury, Paxton, Shrewsbury, Spencer, West Boylston, Worcester

### Western Massachusetts

#### The Berkshires

#### Greenfield area
- Ashfield, Athol, Bernardston, Buckland, Charlemont, Colrain, Conway, Deerfield, Erving, Gill, Greenfield, Hawley, Heath, Leverett, Leyden, Millers Falls, Montague, New Salem, Northfield, Orange, Petersham, Phillipston, Rowe, Royalston, Shelburne, Shutesbury, Sunderland, Turners Falls, Warwick, Wendell, Whately

#### Northampton area
- Amherst, Chesterfield, Cummington, Easthampton, Florence, Goshen, Hadley, Hatfield, Middlefield, Northampton, Pelham, Plainfield, Westhampton, Williamsburg, Worthington

#### Southern Pioneer Valley
- Agawam, Belchertown, Blandford, Bondsville, Chester, Chicopee, East Longmeadow, Granby, Granville, Hampden, Holyoke, Huntington, Indian Orchard, Longmeadow, Ludlow, Monson, Montgomery, Palmer, Russell, South Hadley, Southampton, Southwick, Springfield, Thornfield, Three Rivers, Tolland, Ware, Westfield, West Springfield, Wilbraham

### Cape Cod & the Islands
- Emergency Services 1-833-229-2683

### Fall River area
- Emergency Services 1-800-981-4357

### Taunton & Attleborough area
- Community Counseling of Bristol County 1-800-660-4300

### Central Massachusetts

#### Advocates
- 1-800-640-5432

#### Community HealthLink
- 1-800-977-5555

#### Riverside Community Care
- 1-800-294-4665

#### Community HealthLink
- 1-866-549-2142

### Western Massachusetts

#### The Brien Center
- 1-800-252-0227

#### Clinical & Support Options
- 1-800-562-0112

#### Clinical & Support Options
- 1-844-788-6470

#### Behavioral Health Network
- 1-800-437-5922