Emergency Services Program (ESPs)

Emergency Service Programs (ESPs) provide community-based assessment, intervention, and stabilization services for people experiencing mental health or substance use related crisis. They can talk to people who feel they are in or near crisis, and try to help them find the supports they need to manage the crisis. ESPs are available 24 hours a day, 7 days a week, 365 days a year.

Statewide ESP Number

| Call 1-877-382-1609 and enter your zipcode (or use the direct number below) Northeastern Massachusetts | | | |
|---|--|---|--|
| | | | |
| Lawrence area | Andover, Lawrence, Methuen, North Andover | Lahey/Northeast Behavioral Health 1-877-255-1261 | |
| Lowell area | Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro, Westford | Lahey/Northeast Behavioral Health 1-800-830-5177 | |
| Tri-City | Everett, Lynn, Lynnfield, Malden, Medford, Melrose, Nahant, North Reading, Reading, Saugus, Stoneham, Swampscott, Wakefield | Eliot Community Human Services 1-800-988-1111 | |
| Metro Boston | | | |
| Boston area | Boston Boston, Brookline, Chelsea, Revere, Winthrop | Boston Emergency Services Team 1-800-981-4357 | |
| Cambridge & Somerville | Cambridge, Somerville | Cambridge Somerville Emergency Services 1-800-981-4357 | |
| Southeastern Massachusetts | | | |
| South Shore | Braintree, Cohasset, Hingham, Hull, Milton, Norwell, Quincy, Randolph, Scituate, Weymouth | Aspire Health Alliance 1-800-528-4890 | |
| Norwood area | Canton, Dedham, Dover, Foxborough, Medfield, Millis, Needham, Newton, Norfolk, Norwood, Plainville, Sharon, Walpole, Wellesley, Weston, Westwood, Wrentham | Riverside Community Care 1-800-529-5077 | |
| Southern Coast | Acushnet, Carver, Dartmouth, Duxbury, Fairhaven, Halifax, Hanover, Hanson, Kingston, Marion, Marshfield, Mattapoisett, New Bedford, Pembroke, Plymouth, Plympton, Rochester, Wareham | Child and Family Services 1-877-996-3154 | |
| Brockton area | Abington, Avon, Bridgewater, Brockton, East Bridgewater, Easton, Holbrook, Rockland, Stoughton, West Bridgewater, Whitman | Community Counseling of Bristol County 1-877-670-9957 | |

| Cape Cod & the Islands | Aquinnah, Barnstable, Bourne, Brewster, Chatham, Chilmark, Cotuit, Dennis, Eastham, Edgartown, Falmouth, Gay Head, Gosnold, Harwich, Hyannis, Mashpee, Nantucket, Oak Bluffs, Orleans, Osterville, Provincetown, Sandwich, Tisbury, Truro, Wellfleet, West Tisbury, Woods Hole, Yarmouth | Cape Cod & the Islands Emergency Services 1-833-229-2683 | |
|-----------------------------------|--|--|--|
| Fall River area | Fall River, Freetown, Somerset, Swansea, Westport | Fall River Emergency Services 1-800-981-4357 | |
| Taunton & Attleborough area | Attleborough, Berkley, Dighton, Lakeville, Mansfield, Middleborough, North Attleborough, Norton, Raynham, Rehoboth, Seekonk, Taunton | Community Counseling of Bristol County 1-800-660-4300 | |
| Central Massachusetts | | | |
| MetroWest | Acton, Ashland, Arlington, Bedford, Belmont, Boxborough, Burlington, Carlisle, Concord, Framingham, Holliston, Hopkinton, Hudson, Lexington, Lincoln, Littleton, Maynard, Marlborough, Natick, Northborough, Sherborn, Southborough, Stow, Sudbury, Waltham, Watertown, Wayland, Westborough, Wilmington, Winchester, Woburn | Advocates 1-800-640-5432 | |
| North County | Ashburnham, Ashby, Ayer, Barre, Berlin, Bolton, Clinton, Fitchburg, Gardner, Groton, Hardwick, Harvard, Hubbardston, Lancaster, Leominster, Lunenburg, New Braintree, Oakham, Pepperell, Princeton, Rutland, Shirley, Sterling, Templeton, Townsend, Westminster, Winchendon | Community HealthLink 1-800-977-5555 | |
| South County | Bellingham, Blackstone, Brimfield, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Holland, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Brookfield, Oxford, Southbridge, Sturbridge, Sutton, Upton, Uxbridge, Wales, Warren, Webster, West Brookfield | Riverside Community Care 1-800-294-4665 | |
| Worcester area | Auburn, Boylston, Grafton, Holden, Leicester, Millbury, Paxton, Shrewsbury, Spencer, West Boylston, Worcester | Community HealthLink 1-866-549-2142 | |
| Western Massachusetts | | | |
| The Berkshires | Adams, Alford, Becket, Cheshire, Clarksburg, Dalton, Egrement, Florida, Great Barrington, Hancock, Hinsdale, Lanesboro, Lee, Lenox, Monroe, Monterey, Mount Washington, New Ashford, New Marlboro, North Adams, Otis, Peru, Pittsfield, Richmond, Sandisfield, Savoy, Sheffield, Stockbridge, Tyringham, Washington, West Stockbridge, Williamstown, Windsor | The Brien Center 1-800-252-0227 | |
| Greenfield are | Ashfield, Athol, Bernardston, Buckland, Charlemont, Colrain, Conway, Deerfield, Erving, Gill, Greenfield, Hawley, Heath, Leverett, Leyden, Millers Falls, Montague, New Salem, Northfield, Orange, Petersham, Phillipston, Rowe, Royalston, Shelburne, Shutesbury, Sunderland, Turners Falls, Warwick, Wendell, Whately | Clinical & Support Options 1-800-562-0112 | |
| Northampton are | Amherst, Chesterfield, Cummington, Easthampton, Florence, Goshen, Hadley, Hatfield, Middlefield, Northampton, Pelham, Plainfield, Westhampton, Williamsburg, Worthington | Clinical & Support Options 1-844-788-6470 | |
| Southern Pioneer Valley | Agawam, Belchertown, Blandford, Bondsville, Chester, Chicopee, East Longmeadow, Granby, Granville, Hampden, Holyoke, Huntington, Indian Orchard, Longmeadow, Ludlow, Monson, Montgomery, Palmer, Russell, South Hadley, Southampton, Southwick, Springfield, Thorndike, Three Rivers, Tolland, Ware, Westfield, West Springfield, Wilbraham | Behavioral Health Network 1-800-437-5922 | |