



# Online

# Support

# Group

## Hearing Voices Group for Family & Friends

**Mondays, 8pm Eastern (7pm Central, 6pm Mountain, 5pm Pacific)**

*Facilitated by Cindy Marty Hadge & David Adams*

This group provides a space where people can discuss navigating the experience of supporting loved ones who may hear voices, have visions, or have a variety of other non-consensus experiences and beliefs. The group's primary focus is supporting family members and friends to examine their own challenges in being present for such situations and relationships.

To receive instructions for joining the meeting, please send an email to [families@westernmassrlc.org](mailto:families@westernmassrlc.org) confirming that you are seeking support as a family member or friend of someone with hearing voices or related experiences.

