



**Peer-to-Peer Teacher Training Application
Saturday April 6th & Sunday April 7th 2019**

8:30 – 5:00 pm

**Schrafft’s Center Suite 1M17
529 Main Street Boston MA 02129**

The training for the new curriculum is very different, you will need to:

1. Take the eight-week Peer-to-Peer class
(this requirement is waived if Peer-to-Peer has not been offered in your area)
2. Complete the application form
3. Attend an Interview
4. Join NAMI Massachusetts (you must have email)
5. Create a Login for the NAMI National site
6. You will then be invited to complete all of the online classes, which are part of the training. These must be completed before you are able to teach.
7. Take the training

What is Peer-to-Peer?

NAMI Peer-to-Peer is a free 8-week recovery-focused educational program for adults who wish to establish and maintain their wellness.

Great value is placed on the individual experiences of each person in the class, participants are empowered and invited to share their own stories and the coping tools that have worked for them.

- Building Healthy relationships
- Setting Goals
- Dimensions of Wellness
- Directing Care
- Relapse Prevention
- Gaining Confidence
- Relaxation
- Empowerment
- Self-Acceptance and Understanding
- I-statements

Peer-to-Peer is Transforming - giving you the tools for:

- Self-Discovery
- Self-Care
- Finding Community
- Making Decisions
- Moving Forward
- Making Friends

Create your own:

- Vision Statement
- SMART goals
- Recovery Workbook
- Support Networks
- Awareness Grid
- Crisis Plan

Peer to Peer Application

Please complete the application below and supply a letter of reference, or the name, phone or email of someone who we can talk to. Please note that there are no right or wrong answers to the questions on pages 2-4!

Please mail or email your application to: Judi Maguire Director, Peer Programs, NAMI Massachusetts, Schrafft's Center, 529 Main Street, 1M17, Boston MA 02129 jmaguire@namimass.org Office Phone: (617) 580-8541

Name: _____

Address: _____

City: _____

State: _____ Zip: _____ Email: _____

Phone: _____ Cell: _____

Work: _____ Fax: _____

Best time to call: _____

Reference (Name and email or phone): _____

(Please note: Your reference should be someone who knows you well enough to recommend that you be trained to become a Peer-to-Peer leader)

Are you a member of NAMI? Yes: _____ No: _____ If **no**, are you willing to join? Yes: _____ No: _____

If **yes**, Local Affiliate: _____

Please tell us why you want to be a NAMI Peer-to-Peer leader (teacher)

How do you define recovery?

How are doing in recovery right now?

Peer to Peer Application

Why do you feel you are ready to 'give back' to others, the kind of support you've had or would like to have had?

Have you participated in a Peer-to-Peer class? (You may be required to attend a Peer-to-Peer class before being accepted into a training _____)

Do you feel you have extensive knowledge of mental health issues?

Do you feel you have accepted your mental health issues?

Are you able to share your experiences and what you've learned?

Do you feel comfortable reading from a text? Have you had any experience doing this?

Do you have someone with whom you would like to teach? _____

Do you have a preference as to where you would like to teach? _____

Availability : classes occur at many different times. Please indicate when you might be available

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning <input type="checkbox"/>	Morning <input type="checkbox"/>	Morning <input type="checkbox"/>	Morning <input type="checkbox"/>	Morning <input type="checkbox"/>	Morning <input type="checkbox"/>	Morning <input type="checkbox"/>
Afternoon <input type="checkbox"/>	Afternoon <input type="checkbox"/>	Afternoon <input type="checkbox"/>	Afternoon <input type="checkbox"/>	Afternoon <input type="checkbox"/>	Afternoon <input type="checkbox"/>	Afternoon <input type="checkbox"/>
Evening <input type="checkbox"/>	Evening <input type="checkbox"/>	Evening <input type="checkbox"/>	Evening <input type="checkbox"/>	Evening <input type="checkbox"/>	Evening <input type="checkbox"/>	Evening <input type="checkbox"/>

Peer to Peer Application

In order to mentor a Peer-to- Peer class you need to be a member of NAMI

Are you a member of NAMI YES____ NO____*

Have you had any prior experience with making time commitments similar to this? How well did this work out for you?

Job Requirements:

- Are you willing and able to undergo an intensive three-day training?
- Do you agree to adhere to fidelity to the NAMI Peer-to-Peer model at all times?
- Are you willing and able to commit to teach at least two classes within one year of training?
- Do you agree to report class data?
- Are you willing to attend retraining and refresher programs remotely or in-person?
- Are you willing to identify potential new course participants?
- Are you willing to become a member of NAMI?
- Are you comfortable reading aloud to a group?
- Are you actively working on your own recovery?
- Will you have an attitude of sincere, uncritical acceptance of students and co-mentors?

Do you have your own transportation? Yes: _____ No: _____

Public Transportation? Yes: _____ No: _____

Are you willing to travel? Yes: _____ No: _____

If yes, how far: _____5-10 miles _____11-20 miles _____More than 20 miles

Are you willing to facilitate a group in a hospital setting? Yes: _____ No: _____

What language(s) other than English do you speak fluently? _____

Would you be interested in facilitating a group that addresses certain issues within the Peer Community such as LGBTQ, Dual Duagnosis, Faith Based etc. _____

Do you have a co-teacher? (NAME) _____

Do you have a location, day or time? _____

Information needed should you be selected to attend training:

1. Do you have any dietary restrictions or food allergies? If so, please specify.

2. Do you need any special accommodations that we should be aware of? If so please specify.

3. Do you have transportation? Yes: _____ No: _____*

* If yes, would you be willing to transport other participants? Yes: _____ No: _____

I have read and understand the NAMI Recovery Support Group Facilitator job requirements. _____ (initial)

I understand that my attendance at Facilitator Training does not guarantee that I will be certified as a NAMI National Recovery Support Group Facilitator. _____(initial)

If selected to attend the NAMI Recovery Support Group Facilitator Training, and receiving certification as a facilitator, I acknowledge that I am making a commitment to facilitating a support group at least twice per month for a one year period.

(Date)

(Signature)

Please mail or email your application to: Judi Maguire Director, Peer Programs, NAMI Massachusetts, Schrafft's Center,
529 Main Street, 1M17, Boston MA 02129-1125
jmaguire@namimass.org Office Phone: (617) 580-8541 www.namimass.org

YOU WILL BE CONTACTED FOR AN INTERVIEW PRIOR TO TRAINING

NAMI PEER-TO-PEER (P2P): IN-PERSON LEADER TRAINING

SATURDAY			
Module	Purpose & concept	Duration	Timing
BREAKFAST		30min	9:00 – 9:30
COMPUTER TRAINING		75min	9:30 - 10:45
BREAK		15min	10:45 – 11:00
COMPUTER TRAINING		75min	11:00 – 12:15pm
LUNCH		45min	12:15 – 1:00pm
Introduction	Welcome, establish common ground, communicate expected results and manage logistics	60 min.	1:00 – 2:00pm
Managing Nervousness	Explore natural nervous reactions to leading a class and what to do about them	30 min.	2:00 – 2:30pm
Break		15 min.	2:30pm – 2:45pm
Facilitation Skills	Rehearse facilitation skills in front of a friendly group of class participants, help each other by using NAMI support criteria (provided), get more comfortable with the skills needed to lead a P2P class, learn about what to do when tough topics arise	2 hrs. 15 min.	2:45pm - 5:00pm

SUNDAY			
BREAKFAST		30min	8:00 – 8:30
Handling Questions	Practice understanding and answering the types of questions that show up during a class	45 min.	8:30 – 9:15
Course Content Part 1	Become familiar with key course content	90 min.	9:15-10:45am
Break		15 min.	10:45 – 11:00am
Course Content Part 1 continued	Continue same as above	90 min.	11:00am-12:30pm
LUNCH	LUNCH	45 min	12:30 – 1:15pm
Course Content Part 2	Reestablish common ground, check in on learning and become familiar with key course content	75 min.	1:15 - 2:30pm
Break		15 min.	2:30 – 2:45pm
Course Content Part 2	Continue same as above	95 min.	2:45 - 4:20pm
Break		15 min.	4:20 – 4:35pm
Emergencies	Learn what to do in the case of an emergency	20 min.	4:35 – 4:55pm
Close	Explore what steps are needed to prepare for a course, complete training evaluation, certificates	35 min.	4:55 – 5:30 pm